



MCM Nutrition Ketones help fight fat with real carb control. Enjoy a delicious ketone supplement with high quality ingredients to help support your ketogenic diet. The keto lifestyle limits carbohydrate intake in order to simulate your body's natural ability to burn the energy (fat) it has stored as a reserve. Our bodies produce natural ketones when we limit carbohydrate intake, which is also known as "ketosis." MCM Ketones are designed to help support ketosis, so all you have to do is mix, shake and enjoy!"

CAFFEINE FREE

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GLUTEN
FREE



KETO
FRIENDLY



DAIRY
FREE



CAFFEINE
• FREE •

EXOGENOUS

KET  NES

Fruit Punch Flavor



DIETARY SUPPLEMENT NET WT. 189 G / 6.67 OZ

DIRECTIONS:

Dissolve 2 scoops of Fruit Punch Ketones in 12-16 oz of water & stir or shake until dissolved. Take 1 to 2 times daily.

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MANUFACTURED FOR MCM NUTRITION

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Supplement Facts

Serving Size 2 scoops (12.6 grams)

Servings Per Container: 15

Amount Per Serving	% Daily Value
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Calories 45	
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Total Carbohydrate <1 g	<1%*
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Vitamin C (as ascorbic acid) 23 mg	25%
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Vitamin B6 (as pyridoxine) 5 mg	294%
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Vitamin B12 (as methylcobalamin) 100mcg	4167%
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Calcium 400 mg	31%
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Magnesium 105 mg	25%
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Sodium 1,340 mg	58%
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MCM Proprietary Blend 11.1 g	[†]
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Sodium Beta-Hydroxybutyrate, Calcium
Beta-Hydroxybutyrate, Magnesium
Beta-Hydroxybutyrate, L-Theanine

*Percent Daily Values are based on a 2,000 calorie diet.

[†]Daily Value not established

OTHER INGREDIENTS: CITRIC ACID, NATURAL FLAVOR, REBAUDIOSIDE A (STEVIA EXTRACT), BLACK CARROT POWDER (FOR COLOR)