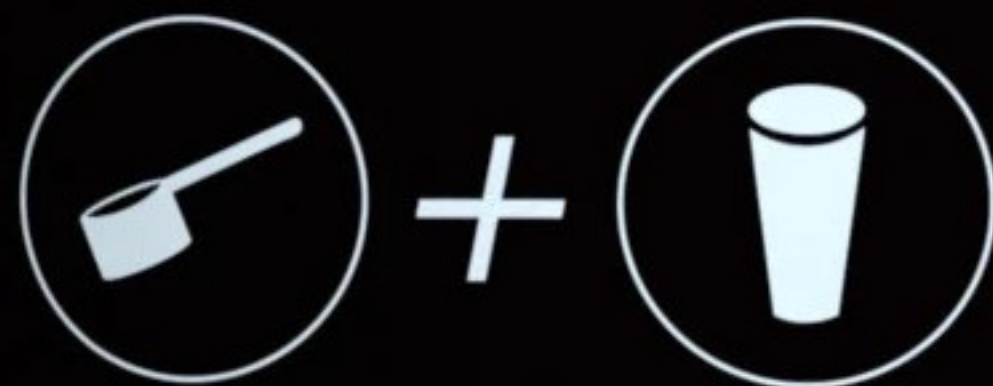


MUSCLE FEAST

**Muscle Feast Whole Oat Powder** is designed to provide all the health benefits of regular whole oats in the form of an easy to use powder. Whole Oat Powder supplies slow-digesting, complex carbohydrates low on the glycemic index. Muscle Feast Oat Powder can be taken after exercising with protein powder as a satiating post-workout. Since this product contains no artificial sweeteners or flavors of any kind and is non-GMO, it makes an excellent replacement for wheat flour in baking.

**SUGGESTED USE:**

Mix one serving (1 level Scoop) into 4 ounces or more of water or the beverage of your choice.



**MIX 1 LEVEL (40g) SCOOP THOROUGHLY WITH 4 OZ. OR MORE WATER (OR BEVERAGE OF CHOICE).**

**ALL NATURAL / WHOLE GRAIN / SOY FREE**

Keep tightly closed in a cool, dry place away from sunlight.

**KEEP OUT OF REACH OF CHILDREN.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not exceed the recommended dose. Consult your physician before using this product. Do not use this product if you are pregnant or nursing. Do not use this product if you are taking ANY prescription medication. Do not use this product if you are under the age of 18.



**90 SERVINGS**  
**DIETARY SUPPLEMENT**  
NET WEIGHT 8 LBS (3632g)

**MUSCLE FEAST**

**WHOLE OAT POWDER**  
SLOW DIGESTING COMPLEX CARBOHYDRATE  
**27g CARBS / 4g FIBER / 7g PROTEIN**

**UNFLAVORED**

**Superior Nutrition for Healthy Lifestyles.**

We guarantee our supplements to be the freshest and purest available. Muscle Feast supplements are manufactured under the strictest HACCP, FDA, and Kosher standards, producing the highest quality and purest supplements available. Our raw ingredients undergo state of the art analysis to ensure zero impurities and strict adherence to product labeling.

**WARNING:** This product is manufactured in a GMP compliant plant that processes milk.

MANUFACTURED BY:

**MUSCLE FEAST**

1320 BOSTON ROAD  
NASHPORT, OH 43830  
(888) 734-3634

[WWW.MUSCLEFEAST.COM](http://WWW.MUSCLEFEAST.COM)



**Nutrition Facts**

**Serving Size:** 1 Level Scoop (40g)  
**Servings Per Container:** 90

**Amount Per Serving**  
**Calories**

**142**

|                           |        | % Daily Values** |
|---------------------------|--------|------------------|
| <b>Total Fat</b>          | 3g     | 4%               |
| Saturated Fat             | .6g    | 3%               |
| Trans Fat                 | 0g     |                  |
| <b>Cholesterol</b>        | 0mg    | 0%               |
| <b>Sodium</b>             | .6mg   | 0%               |
| <b>Total Carbohydrate</b> | 27g    | 7%               |
| Dietary Fiber             | 4g     | 16%              |
| Total Sugars              | .2g    |                  |
| Includes 0g added Sugars  |        | 0%               |
| <b>Protein</b>            | 7g     |                  |
| Vitamin D                 | 0mcg   | 0%               |
| Calcium                   | 18mg   | 1%               |
| Iron                      | 1.44mg | 0%               |
| Potassium                 | 152mg  | 3%               |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Whole Grain Oats.  
**Allergens:** None