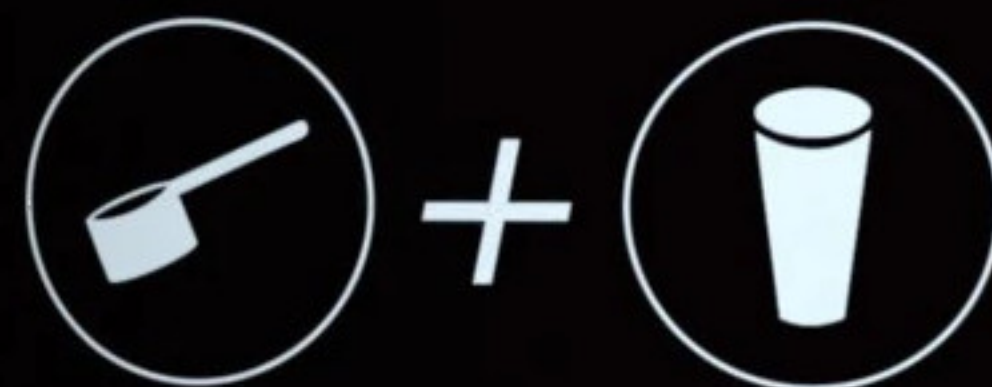


Muscle Feast Grass Fed Hormone Free Isolate Protein is designed to provide you with the quick-digesting power of whey isolate protein. Sourced from cows that are certified to be grass fed and free of added hormones, you can rest assured that you're receiving the absolute best in whey protein. Our whey protein is undenatured, cold microfiltered, and ultrafiltration processed; making it the ideal whey protein for those that are seeking optimal gains post-workout.*

SUGGESTED USE:

Mix one serving (1 level Scoop) thoroughly into 6-10 ounces of water or beverage of your choice. We do not believe in using fillers in our protein powders; we suggest using milk or milk substitute for better taste.



MIX 1 LEVEL (24g) SCOOP THOROUGHLY WITH 6-10 OZ. OR MORE WATER (OR BEVERAGE OF CHOICE).

**ALL NATURAL / NO GMOs / SOY FREE
GRASS FED / HORMONE FREE / ANTIBIOTIC FREE**

Keep tightly closed in a cool, dry place away from sunlight.

KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not exceed the recommended dose. Consult your physician before using this product. Do not use this product if you are pregnant or nursing. Do not use this product if you are taking ANY prescription medication. Do not use this product if you are under the age of 18.



WHEY PROTEIN ISOLATE

WHAT IS IT?

Whey Isolates are 90-98% pure protein that digests and absorbs rapidly and is, gram for gram, one of the highest quality forms of protein available. This level of purity is achieved through a cold, cross-micro and ultra-filtration process that removes the larger, less absorbent protein molecules; while also filtering out fat, lactose, and ash.

WHAT DOES THE RESEARCH SAY?

Studies have found that when consumed, whey isolates quickly increase amino acid levels in systemic circulation and stimulate robust increases in protein synthesis; arguably the most important physiological factor in existence when it comes to muscle growth, strength, and recovery.*

WHO IS IT BEST FOR?

Since whey isolates are low in carbs, lactose-free, fat-free, cholesterol free, and gluten free; it makes it the perfect choice for those watching their calories, low-carb dieters, and lactose intolerant individuals. People who want only the highest quality of proteins should stick with a whey isolate.

HOW QUICKLY DOES IT DIGEST/ABSORB AND RAISE AMINO ACID LEVELS?

Research studies indicate that whey isolates elevate amino acid concentrations in the blood above baseline after ~20 minutes and peak out at ~60 minutes, followed by a gradual decline that can last up to 1.5 to 3 hours depending on the dose taken.

WHEN IS THE BEST TIME TO TAKE IT?

Whey isolate is best taken 30-60 minutes pre-workout and immediately post workout to maximize muscle building, repair, and recovery.* It can also be consumed throughout the day or between meals to meet individual protein requirements.



MUSCLE FEAST

ISOLATE

GRASS FED + HORMONE FREE WHEY PROTEIN

21.5g PROTEIN / 4.8g BCAA / 2.3g LEUCINE

94 SERVINGS

DIETARY SUPPLEMENT
NET WEIGHT 5 LBS (2272g)

UNFLAVORED

Nutrition Facts

Serving Size: 1 Level Scoop (24g)
Servings Per Container: 94

Amount Per Serving
Calories

89

		% Daily Values**
Total Fat	.2g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	1mg	0%
Sodium	43mg	2%
Total Carbohydrate	.2g	0%
Dietary Fiber	0g	0%
Total Sugars	.1g	
Includes 0g added Sugars	0g	0%
Protein	21.5g	
Vitamin D 0mcg		0%
Calcium 111mg		9%
Iron 0mg		0%
Potassium 113mg		2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey Protein Isolate and Sunflower Lecithin.

Allergens: Milk

Typical Amino Acid Profile

	Per 100g of Protein	Per Serving
Alanine	4600mg	1104mg
Arginine	2100mg	504mg
Aspartic Acid	9700mg	2328mg
Cystine	2600mg	624mg
Glutamic Acid	17100mg	4104mg
Glycine	1600mg	384mg
Histidine*	1500mg	360mg
Isoleucine**	5600mg	1344mg
Leucine**	9700mg	2328mg
Lysine*	9700mg	2328mg
Methionine*	2000mg	480mg
Phenylalanine*	2900mg	696mg
Proline	5500mg	1320mg
Serine	3700mg	888mg
Threonine*	6100mg	1464mg
Tryptophan*	1600mg	384mg
Tyrosine	2700mg	648mg
Valine**	4600mg	1104mg

**Branch Chain Amino Acids * Essential Amino Acids
Protein Digestibility - 99.6%

MANUFACTURED BY:

MUSCLE FEAST

1320 BOSTON ROAD
NASHPORT, OH 43830
(888) 734-3634

WWW.MUSCLEFEAST.COM



WARNING: This product is manufactured in a GMP compliant plant that processes milk.