

Suggested Usage: Add 1 scoop per day to 12 oz of water or your favorite beverage and shake or blend well.

23 GRAMS OF COMPLETE PROTEIN

7.7 GRAMS OF BCAA+G

ANTIBIOTIC & HORMONE FREE

6 LARGE EGG WHITES PER SERVING

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

This product is packaged by weight, not volume. Like many powdered food/supplement products the size of this container does not necessarily depict the actual amount of product within. Unavoidable and sometimes significant product settling may occur during shipping and handling.

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NUTRITION

EGG WHITE PROTEIN

VANILLA FLAVORED

NET WT 12 OZ (340 G)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

Supplement Facts

Serving Size 1 Scoop (33 g)
10 Servings Per Container

Amount Per Serving		% Daily Value*
Calories	120	
Total Fat	0.5 g	1%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	†
Cholesterol	0 mg	0%*
Sodium	400 mg	18%
Total Carbohydrate	5 g	2%*
Dietary Fiber	0 g	0%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Protein	23 g	†
Vitamin D	0 mcg	0%
Niacin	6.2 mg	39%
Calcium	62 mg	5%
Iron	0 mg	0%
Potassium	380 mg	8%

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Instantized Egg Whites, Natural Vanilla Flavor, Sunflower Lecithin, Stevia Leaf Extract, Xanthan Gum, Monk Fruit Extract and Digest-ALL® Enzyme Blend (Protease 6.0, Protease 4.5, Peptidase, & Bromelain).

Contains egg.

Contains no added milk, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk.

Typical Amino Acid Profile Per 33 g Scoop

Alanine	1410 mg
Arginine	1340 mg
Aspartic Acid	2330 mg
Cysteine	630 mg
Glutamic Acid	2970 mg
Glycine	790 mg
Histidine	530 mg
Isoleucine	1220 mg
Leucine	1940 mg
Lysine	1450 mg
Methionine	860 mg
Phenylalanine	1340 mg
Proline	880 mg
Serine	1570 mg
Threonine	1040 mg
Tryptophan	370 mg
Tyrosine	900 mg
Valine	1570 mg

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