

DIRECTIONS: A good cleansing program requires two steps: cleansing and maintenance. **For Thorough Cleansing:** Mix one (1) tablespoon of powder with at least 12 oz. of water or juice. Stir thoroughly and drink immediately. Do this morning and evening, 30 minutes before meals for 14 days. Always follow with another 12 oz. of water.

For Maintenance Care: Mix one (1) teaspoon of powder with at least 12 oz. of water or juice. Stir thoroughly and drink immediately. Do this once daily upon arising or at bedtime.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

WARNING: If you are pregnant, nursing, have a liver or intestinal disorder do not take this product. Follow directions for use. Take in at least 12 oz. of liquid, followed by another 12 oz. of liquid.

NOTICE: This product contains Cascara. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.



COLON CARE

INTESTINAL HEALTH & COLON CARE

POWDER

Nutritionally Supports Healthy Regularity

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary
Supplement

Net Wt 16 oz (454 g)

Supplement Facts

Serving Size 1 Tablespoon

Servings Per Container 45

	For cleansing 1 Tablespoon (about 10 g) Amount Per Serving % DV	For maintenance 1 Teaspoon (about 3 g) Amount Per Serving % DV
Vitamin C (as calcium ascorbate)	115 mg 128%	35 mg 39%
Psyllium Husk (hulls)	8710 mg *	2615 mg *
Citrus Pectin (fruit & peel)	130 mg *	40 mg *
Barley Grass (aerial parts)	130 mg *	40 mg *
Cascara Sagrada P.E. 4:1(bark)	32.5 mg *	10.8 mg *
Enzyme Blend	0.54 mg *	0.16 mg *
Chlorella	130 mg *	40 mg *
Goldenseal 4:1 (root)	16.25 mg *	5.4 mg *
Alfalfa (leaf)	130 mg *	40 mg *
* Daily Value not established.		

Other ingredients: Natural orange flavor, stevia, maltodextrin.

Dist. by: **Wonder Laboratories®**

115 S.C.T. Ct., White House, TN 37188

Made in USA

Rev.09DV