

DIRECTIONS: As a dietary supplement, take 2 tablets twice daily.

GOOD BONES:

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Use before date shown.
Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Mfg. in an FDA Registered Facility
using Good Manufacturing Practices (GMPs)

CAUTION: If you are pregnant or nursing, consult your physician before taking this product.

Distributed by:

Wonder Laboratories®, 115 S.C.T. Ct.

White House, TN 37188

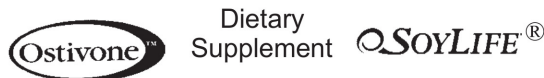
Made in USA



**GOOD
BONES™**

**Calcium Magnesium
Isoflavones**

"Calcium Builds Strong Bones"



240 TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 120

Amount Per Serving	% DV	
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Calcium (as calcium citrate & carbonate)	750 mg	75%
Magnesium (as magnesium aspartate & oxide)	375 mg	94%
Ostivone (Ipriflavone)(7-Isopropoxy Isoflavone)	300 mg	*
Soylife® (soy isoflavone concentrate) Phytoestrogen Extract (containing soy isoflavones)	134 mg	*
Boron (as boron citrate, glycinate & aspartate)	1.5 mg	*

* Daily Value not established.

Other ingredients: Cellulose, vegetable stearic acid, vegetable magnesium stearate, silica.
Contains soy ingredients.

