

# MUSCLE FEAST

Muscle Feast's Ultimate Gainer is designed with a combination of quickly digesting whey isolate protein and maltodextrin; along with slower digesting micellar casein and waxy maize. Unlike other mass gainers on the market, there are no empty calories in this product; you can be assured that every calorie in every serving of Muscle Feast's Ultimate Gainer is there to serve your weight gaining needs.

### SUGGESTED USE:

Mix one serving (5 level Scoops) thoroughly into 20 ounces of water or beverage of your choice. We do not believe in using fillers in our weight gainer; we suggest using milk or milk substitute for better taste.



**MIX 5 LEVEL (159g) SCOOPS THOROUGHLY WITH 20 OZ. OR MORE WATER (OR BEVERAGE OF CHOICE).**

**ALL NATURAL / GLUTEN FREE / SOY FREE  
NO GMOs / GRASS FED / HORMONE FREE / ANTIBIOTIC FREE**

labdoor



TESTED FOR SPORT

Keep tightly closed in a cool, dry place away from sunlight.

KEEP OUT OF REACH OF CHILDREN.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not exceed the recommended dose. Consult your physician before using this product. Do not use this product if you are pregnant or nursing. Do not use this product if you are taking ANY prescription medication. Do not use this product if you are under the age of 18.



### WHEY ISOLATE

Whey Isolates are 90-98% pure protein that digests and absorbs rapidly and is, gram for gram, one of the highest quality forms of protein available. This level of purity is achieved through a cold, cross-micro and ultra-filtration process that removes the larger, less absorbent protein molecules; while also filtering out fat, lactose, and ash.

### MALTODEXTRIN

Maltodextrin is a high glycemic index carbohydrate making it ideal to be taken post workout with protein or when fuel is needed. While maltodextrin digests quickly, it is actually a polysaccharide and not technically a sugar; making it an ideal energy source for those that don't tolerate sugar well.

### MICELLAR CASEIN

Micellar Casein is designed to digest slowly and provide you with a sustained increase in amino acids to prolong muscle protein synthesis. Micellar casein is isolated from milk by filtration, preserving the structural integrity of the protein molecule. This process further provides many biologically active compounds that have direct immune and physiological benefits.

### WAXY MAIZE

Waxy Maize is a specific type of cornstarch with a high-molecular weight. It is designed to provide long-term energy and may improve athletic performance. Most of the benefits of waxy maize starch come from its slow digestibility. Waxy maize starch has an average molecular weight 100 times greater than carbohydrates and contains no simple carbohydrates or monosaccharides. It may help improve exercise performance, promote recovery, and improve diabetes management.



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**20 SERVINGS**  
DIETARY SUPPLEMENT  
NET WEIGHT 7 LBS (3182g)

# ULTIMATE GAINER

GRASS FED + HORMONE FREE SOY FREE

46g PROTEIN / 101g CARBS / 1g FAT

VANILLA FLAVOR

### Nutrition Facts

Serving Size: 5 Level Scoops (159g)  
Servings Per Container: 20

Amount Per Serving	% Daily Values**	
<b>Calories</b>	<b>600</b>	
<b>Total Fat</b>	1g	1%
Saturated Fat	.4g	2%
Trans Fat	0g	
<b>Cholesterol</b>	14mg	5%
<b>Sodium</b>	75mg	3%
<b>Total Carbohydrate</b>	101g	27%
Dietary Fiber	0g	0%
Total Sugars	5.5g	
Includes 0g added Sugars	0g	0%
<b>Protein</b>	46g	
Vitamin D 0mcg		0%
Calcium 793mg		61%
Iron 0mg		0%
Potassium 199mg		4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Protein Blend (Whey Protein Isolate and Micellar Casein), Waxy Maize, Maltodextrin, Natural Vanilla Flavoring, Sunflower Lecithin and Stevia Reb A. **Allergens:** Milk

### Typical Amino Acid Profile

	Per 100g of Protein	Per Serving
Alanine	3524mg	1909mg
Arginine	2493mg	1350mg
Aspartic Acid	7036mg	3811mg
Cystine	1606mg	870mg
Glutamic Acid	16420mg	8895mg
Glycine	1500mg	812mg
Histidine*	2193mg	1188mg
Isoleucine**	5205mg	2819mg
Leucine**	8916mg	4830mg
Lysine*	8392mg	4546mg
Methionine*	2006mg	1086mg
Phenylalanine*	3330mg	1804mg
Proline	6073mg	3290mg
Serine	3686mg	1997mg
Threonine*	5236mg	2836mg
Tryptophan*	1937mg	1049mg
Tyrosine	2968mg	1608mg
Valine**	4880mg	2643mg

\*\*Branch Chain Amino Acids \* Essential Amino Acids  
Protein Digestibility - 99.6%

MANUFACTURED BY:

# MUSCLE FEAST

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WARNING: This product is manufactured in a GMP compliant plant that processes milk.