

FOR ADULTS, in the morning take 2 capsules before eating or exercising and in the mid-afternoon take 2 more capsules. Take 2 capsules twice daily. Do not exceed 2 capsules more often than every four hours. Limit use to no more than 4 capsules in a 24-hour period. If you weigh less than 150 pounds, start with half the suggested amount for the first week (one capsule two times daily). Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs) Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 OR PREGNANT OR LACTATING WOMEN. Do not exceed recommended dose. Increasing frequency of intake will not improve results and may cause adverse reactions. Do not combine this product with products containing ephedrine alkaloids. This product contains synephrine and caffeine. Do not consume additional sources of synephrine or caffeine, which may intensify adverse effects. Use of this product may make skin sensitive to sunlight and UV light, which could result in sunburn or skin rash after several days of use. Limit exposure to the sun or any indoor tanning equipment including beds, lamps or booths. Consult a doctor before using this product if you are using any medications or remedies, especially antidepressants or monoamine oxidase inhibitors (MAOI), stimulants; any dietary supplement (Yohimbe, Ephedra (Ma Huang) or St. John's Wort), or any over-the-counter drug including allergy, asthma, cough/cold or weight control products. Avoid this product if you have high blood pressure, arrhythmias, glaucoma, seizures, ulcer, difficulty urinating, an enlarged prostate, diabetes or a thyroid, blood, liver or eating disorder. Consult a doctor before use if you are at risk for, have had or have a family history of, heart or cardiovascular disease, stroke, recurrent headaches, depression or other psychiatric condition. Discontinue use and call a doctor immediately if you experience any adverse reaction such as: dizziness, headache, rapid or irregular heart beat, chest pain, shortness of breath, nausea, noticeable changes in behavior, loss of consciousness, increased blood pressure, sleeplessness, anxiety, or skin reactions. Limit use to six weeks with a break of one week. Discontinue use two weeks prior to surgery.

Other ingredients: Gelatin, vegetable magnesium stearate, silica.

Metabromine®-G is a registered trademark of Triarco Industries, Inc. ADVANTRA Z® is a registered trademark of Nutratech, Inc. *** The use of Citrus aurantium for weight management is licensed by Nutratech, Inc. under U.S. Patent Nos. 6,224,873 and 6,340,482. Each capsule provides approximately 100 mg of Caffeine.

Distributed by: **Wonder Laboratories®**, 115 S.C.T Ct., White House, TN 37188

Made in USA

Rev. #04

Natural Herbs-Ephedra Free!



**FORMULA
476**

WONDER

Laboratories®

MetaboBOOST™

Ephedra Free

**Herbal thermogenic formula to Boost
your energy and enhance your diet.**

**This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat,
cure or prevent any disease.**

Now a Capsule

Gluten Free

Dietary Supplement 90 CAPSULES

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

Amount Per Serving

% DV

Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin C (as L-ascorbic acid).....	100 mg	167%
Vitamin B-6 (as pyridoxine hydrochloride).....	10 mg	500%
Pantothenic acid (as calcium pantothenate) ...	12 mg	120%
Magnesium (as magnesium oxide).....	10 mg	3%

MetaboBoost Thermo Complex.....1350 mg.....**

Yerba Mate Extract (leaf), (standardized for Methylxanthines, Caffeine), Green Tea Extract (leaf) (standardized for Polyphenols and contains naturally occurring Epigallocatechin gallate (EGCG) and Caffeine), Metabromine®-G Cocoa Extract with Guarana Seed Extract (standardized for Theobromine, Caffeine), ADVANTRA Z® Bitter Orange Extract (Citrus aurantium***)(fruit)(standardized for Synephrine, N-Methyltyramine, Hordenine, Octopamine and Tyramine), Caffeine, Tyrosine Complex (L-Tyrosine and Acetyl L-Tyrosine), L-Methionine, Ginger Extract (root), 3,3', 4', 5-7-Pentahydroxyflavone, DMAE (Dimethylaminoethanol), Grape Seed Extract.

* Percent Daily Values are based on a 2000 calorie diet

** Daily Value not established.