

MUSCLE FEAST

Muscle Feast L-Glycine is an amino acid that plays a critical role in the body's production of glutathione, creatine, and collagen. Individuals that supplement with glycine may see many benefits, including protection against muscle loss, increased brain function, protection of the liver and heart, and it may even improve sleep quality.

**SUGGESTED USE:**

As an adult dietary supplement, take one 5cc serving (4.3g) one to three times daily with water or fruit juice.



**MIX 1 SERVING  
(4.3g) WITH WATER  
OR FRUIT JUICE UP  
TO 3 TIMES A DAY.**

NON-GMO



MUSCLE FEAST

**46 SERVINGS**  
DIETARY SUPPLEMENT  
NET WEIGHT 7 OZ (200g)

UNFLAVORED

FREE FORM L-GLYCINE

HEART HEALTH / BRAIN FUNCTION / IMPROVED SLEEP

Keep tightly closed in a cool, dry place away from sunlight.

KEEP OUT OF REACH OF CHILDREN.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not exceed the recommended dose. Consult your physician before using this product. Do not use this product if you are pregnant or nursing. Do not use this product if you are taking ANY prescription medication. Do not use this product if you are under the age of 18.

MANUFACTURED BY:

MUSCLE FEAST

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NASHPORT, OH 43830  
(888) 734-3634

WWW.MUSCLEFEAST.COM



**Supplement Facts**

Serving Size: 1 Level 5cc Scoop (4.3 grams)  
Servings Per Container: 46

	Amount Per Serving	%DV*
L-Glycine (Free Form)	4300mg	†

†Daily Value not established

OTHER INGREDIENTS: None.

**WARNING:** This product is manufactured in a GMP compliant plant that processes milk.