

DIRECTIONS: As a dietary supplement, take 2 softgels daily, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

In a base of: choline bitartrate 10 mg, inositol 10 mg, citrus bioflavonoids 10 mg, rutin 10 mg, boron 1 mg, coenzyme Q10 100 mcg.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

CAUTION: If you are pregnant or nursing, consult your physician before taking this product.

Other ingredients: Safflower oil, gelatin, vegetable glycerin, beeswax, sunflower lecithin, and natural caramel color.

*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: **Wonder Laboratories®**
115 S.C.T. Ct., White House, TN 37188

Rev. #06
Made in USA



WONDER
Laboratories®

FORMULA
977

VM-ULTRA™
Soft Multiple
Multivitamin
Multimineral

Supports Energy Metabolism*

Gluten Free Dietary Supplement

240 SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 120

Amount Per Serving	% DV
Calories	15
Calories from Fat	10
Total Fat	1 g2%**
Total Carbohydrates.....	<1 g<1%**
Protein	<1 g2%**
Vitamin A (as 100% beta carotene).....	5,000 IU100%
Vitamin C (as L-ascorbic acid).....	120 mg200%
Vitamin D (as cholecalciferol).....	2000 IU500%
Vitamin E (as d-alpha tocopherol).....	30 IU100%
Thiamin (as thiamin mononitrate).....	50 mg3333%
Riboflavin.....	50 mg2941%
Niacin (as niacinamide).....	50 mg250%
Vitamin B-6 (as pyridoxine HCl).....	50 mg2500%
Folic Acid.....	400 mcg100%
Vitamin B-12 (as cyanocobalamin).....	500 mcg8333%
Biotin (as d-biotin).....	1000 mcg333%
Pantothenic Acid (as calcium pantothenate).....	50 mg500%
Calcium (as calcium carbonate).....	50 mg5%
Iron (as ferrous fumarate).....	18 mg100%
Iodine (as kelp).....	150 mcg100%
Magnesium (as magnesium oxide).....	25 mg6%
Zinc (as zinc citrate).....	15 mg100%
Selenium (as selenium yeast).....	25 mcg36%
Copper (as copper gluconate).....	2 mg100%
Manganese (as manganese sulfate).....	2 mg100%
Chromium (as chromium picolinate).....	200 mcg167%
Potassium (as potassium citrate).....	32 mg1%

****Percent Daily Values based on a 2,000 calorie diet.**