



FORMULA  
023

WONDER

Laboratories

FORMULA 23

Multivitamin  
Multimineral

Gluten Free

Dietary Supplement

250 TABLETS

# Supplement Facts

Serving Size 1 Tablet

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**CAUTION:** If you are pregnant or nursing, consult your physician before taking this product.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A ..... 1,125 mcg (RAE) (5000 IU).... 125% (as 50%palmitate & 50%beta carotene)		Vitamin B-12 (as cyanocobalamin)..... 5 mcg ... 208%	
Vitamin C (as L-ascorbic acid)..... 200 mg.... 222%		Biotin ..... 50 mcg ... 167%	
Vitamin D-3 (as cholecalciferol)..... 10 mcg (400 IU)..... 50%		Pantothenic Acid(as calcium pantothenate) .20 mg ... 400%	
Vitamin E ..... 10 mg (15 IU)..... 67% (as d-alpha tocopheryl succinate)		Calcium (as calcium carbonate) ..... 125 mg ..... 10%	
Thiamin (as thiamin hydrochloride) ..... 10 mg.... 833%		Iron (as ferrous fumarate)..... 12 mg ..... 67%	
Riboflavin ..... 10 mg.... 769%		Iodine (as potassium iodide)..... 150 mcg ... 100%	
Niacin (as niacinamide) ..... 100 mg.... 625%		Magnesium (as magnesium oxide)..... 65 mg ..... 15%	
Vitamin B-6 (as pyridoxine hydrochloride) ..... 5 mg.... 294%		Zinc (as zinc gluconate)..... 5 mg ..... 45%	
Folate..... 800 mcg (DFE).... 200% (400 mcg of folic acid)		Copper (as copper gluconate) ..... 2 mg ... 222%	
		Manganese (as manganese gluconate) ..... 1 mg ..... 43%	

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing. Other ingredients: Veg. cellulose, veg. magnesium silicate, veg. stearic acid, silica, bioflavonoids, choline bitartrate, inositol, PABA, alfalfa, rose hips, veg. magnesium stearate, vanillin. Keep tightly closed. Store at room temperature: 59°-86° F (15°-30° C). Contains fish (cod) ingredients.

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.

**WARNING:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Distributed by: **Wonder Laboratories®**,  
115 S.C.T. Ct., White House, TN 37188  
**Made in USA**

Rev.04DV