

THERMOGIZE™ is the only best selling "fat burner" that provides a **MAXIMUM RESULTS GUARANTEE™**. If for any reason you are not happy with your results after using this product as directed for just 4 weeks, please call 1-800-338-5200.

WHY OTHER FAT BURNERS CAN ALSO BURN MUSCLE...

Extensive, unbiased scientific documentation indicates that the ingredients in most other "fat burner" products can cause your body to burn muscle tissue, along with the fat which these products are intended to burn. The ingredients in these products can cause increased cortisol levels. Cortisol is sometimes referred to as a "stress hormone" and can be highly catabolic (causing muscle loss/breakdown), thus causing your body to actually break down muscle tissue and preventing your body from adding new muscle mass. So although these ingredients are effective at burning fat, they may also cause you to burn/lose muscle. One of the most important goals of anyone attempting to lose or burn fat/weight should be to keep the muscle they already have and just lose the fat.

THERMOGIZE™ is formulated with this exact concept in mind. **THERMOGIZE™** is free of those cortisol stimulating ingredients such as Caffeine Anhydrous, Synephrine, and Ephedra. In addition to that, **THERMOGIZE™** contains ingredients which buffer against excess cortisol production, further reducing the possibility of muscle loss/breakdown. Other products may also claim to burn fat and build muscle, but a closer scientific look at these products and their claims and formulations reveals that this is not always the case.

WHY THERMOGIZE IS ALSO BETTER THAN EPHEDRA...

Before it was banned, other supplement companies sold ephedra products which have been proven to be harmful. **HEALTHY 'N FIT®** never sold these products for mere profit because we believed it was not in the consumer's best interest. Ephedra may be efficacious for weight loss, however, it can also be a stimulator of excess cortisol which can lead to muscle loss.

Spanning Four Decades, **HEALTHY 'N FIT® NUTRITIONALS** is a proven leader in many nutritional technologies. The nutritional science experts at **Healthy 'N Fit** have developed the technology which is incorporated into **THERMOGIZE™**. **Thermogize** nutritionally supports your weight/fat loss, increased energy, and lean muscle goals. **Thermogize™** supports your weight/fat loss from many different factors, making it a comprehensive, proprietary formulation. In order to achieve your weight/fat loss, energy, and lean muscle goals it is essential, as with any product such as this, to have a good diet and reduce your calories, along with exercise which will further enhance your results.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MADE EXCLUSIVELY IN THE U.S.A.

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***SUPPORTS WEIGHT/FAT LOSS, INCREASED ENERGY, LEAN MUSCLE GOALS**



HEALTHY 'N FIT®
NUTRITIONALS

THERMOGIZE™

**• GUARANTEED TO BE EFFECTIVE
AND PROVIDE THE MAXIMUM
RESULTS OR YOUR MONEY BACK**

**Ephedra Free Advanced Dietary Supplement
150 Fast Acting Capsules**

THE QUALITY AND POTENCY OF THIS PRODUCT HAS BEEN LABORATORY TESTED AND ASSAYED

SUPPLEMENT FACTS

SERVING SIZE - 3 CAPSULES
SERVINGS PER CONTAINER: 50

AMOUNT PER SERVING		% DAILY VALUE
Calcium (as calcium hydroxycitrate from <i>Garcinia cambogia</i>)	162 mg	16
Chromium (as chromium polynicotinate)	200 mcg	167
Potassium (as potassium hydroxycitrate from <i>Garcinia cambogia</i>)	225 mg	6
Proprietary Formulation Blend from the following ingredients:	1890 mg	*
Thermogize™ L-Theanine Proprietary Process Infusion™: Green tea extract and standardized Green tea leaf extract, standardized for 95% polyphenols, 70% catechins, 45% with epigallocatechin gallate EGCG, L-Theanine *		
<i>Garcinia cambogia</i> (fruit and rind extract) (standardized for 50% hydroxycitric acid)		
Standardized <i>Schisandra</i> (<i>Schisandra chinensis</i>) (fruit, seed) (standardized: 2% Schisandrins)		
<i>Gymnema sylvestre</i> leaf extract (standardized for 75% gymnemic acid)		
<i>Hoodia gordonii</i> extract		
White Willow bark extract (standardized to 25% salicin)		
L-Carnitine (as tartrate)		
Ketocaproate		
Lipase, Amylase, Bromelain blend (fat, carbohydrate and protein digestive enzymes)		
Black pepper extract		

Percentage Daily Values are based on a 2000 calorie diet

*Daily Value not established.

Other ingredients: Gelatin, Microcrystalline Cellulose, Magnesium Stearate, Silica, Titanium Dioxide, Carmine, Riboflavin. NO ARTIFICIAL COLORS OR DYES. - KEEP IN A COOL DRY PLACE - DO NOT REFRIGERATE -

DIRECTIONS: READ THIS ENTIRE LABEL CAREFULLY BEFORE YOU USE THIS PRODUCT AND FOLLOW THE DIRECTIONS. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE THIS PRODUCT IF YOU ARE PREGNANT OR NURSING. THIS PRODUCT IS FOR ADULTS ONLY. This product contains approximately 200 mg. of naturally occurring caffeine from green tea. When taking this product do not consume anything else which contains caffeine or other stimulants. Do not take this product if you have a sensitivity to caffeine or extra caffeine or anything that has a stimulating effect. If this product or any other product does not agree with you, immediately stop using them. Do not take this product or any dietary supplement or product or change your diet or start any exercise program without first consulting your physician. BEFORE TAKING THIS PRODUCT, ESPECIALLY NOTE TO YOUR PHYSICIAN IF YOU HAVE ANY MEDICAL CONDITIONS AND/OR ARE TAKING ANY DRUG OR ANY MEDICATIONS. ALSO, TO ASSESS INDIVIDUAL TOLERANCE... Take with 8 oz. of water; WEEK ONE: 1 capsule with breakfast and 2 with lunch; WEEK TWO: 2 capsules with breakfast and 2 with lunch; WEEK THREE AND BEYOND: 3 capsules with breakfast and 3 with lunch. DO NOT EXCEED 3 CAPSULES IN A 4-HOUR PERIOD. DO NOT EXCEED 6 CAPSULES DAILY. DO NOT TAKE 6 HOURS BEFORE BEDTIME. Consume extra water during the day.

