100% NATURAL NON-GMO GLUTEN

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		%DV
Vitamin A (as Beta-Carotene from *D. salina*)	675 mcg RAE	75%
Vitamin C [from Acerola Cherry (fruit) and Camu Camu (fruit)]	75 mg	83%
Vitamin D3 (as Cholecalciferol from Lichen)	15 mcg	75%
Vitamin E (from Avocado Oil)	12 mg	80%
Vitamin K2 (as Menaquinone-7)	750 mcg	625%
Thiamin (as Thiamine HCl)	1.2 mg	100%
Riboflavin	1.3 mg	100%
Niacin (as Niacinamide)	12 mg	75%
Vitamin B6 [as Pyridoxal 5-Phosphate (P-5-P)]	1.7 mg	100%
Folate [as Quatrefolic® (6S)-5-methyltetrahydrofolate (L-5-MTHF); glucosamine salt]	300 mcg DFE	75%
Vitamin B12 (as Methylcobalamin)	2.4 mcg	100%
Biotin	25 mcg	83%
Pantothenic Acid (as Calcium Pantothenate)	5 mg	100%
Calcium (as Dicalcium Phosphate, Aquamin® from Algae, Citrate, & Algas Calcareas)	105 mg	8%
Phosphorus (as Dicalcium Phosphate)	50 mg	4%
Iodine (from Kelp†)	120 mcg	80%

Amount Per Serving	
Magnesium (as Citrate)	105 mg
Zinc (as Amino Acid Chelate)	8 mg
Selenium (as L-Selenomethionine)	40 mcg
Copper (as Amino Acid Chelate)	0.5 mg
Manganese (as Citrate)	1.5 mg
Chromium (as Picolinate)	24 mcg
Molybdenum (as Amino Acid Chelate)	34 mcg
Potassium (as Chloride)	5 mg
Fruit & Vegetable Blend	50 mg
Carrot (root)†, Blueberry (fruit)†, Kale (whole plant)†, Pomegranate (fruit)†, Raspberry (fruit)†, Spinach (whole plant)†, Asparagus†, Spirulina†, Lentil†, Brussels Sprout†	
Eye Blend	6.13 mg
Rutin (from Black Olives), Lutein (from Marigold flowers), Astaxanthin (from Algae), Lycopene (from Tomatoes), Zeaxanthin (from Marigold flowers)	

** Daily Value (DV) not established.
† Organic Ingredient.

Other Ingredients: Methylcellulose Capsule

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.
Aquamin® is a registered trademark of Marigot Ltd.

GLUTEN FREE DAIRY FREE NO FILLERS

HerbTonics®

WHOLE FOOD MULTIVITAMIN

Made with Real Vegetables & Fruits With Essential Vitamins And Minerals

TEENS

FOR A HEALTHIER YOU!*

Dietary Supplement
60 Vegetarian Capsules

NO FILLERS NO ADDITIVES

INSTRUCTIONS: As a dietary supplement, take two (2) capsules per day, or as directed by a physician. For maximum effect, take daily for at least 30 days.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.

CAUTION: As with any dietary supplement, consult a healthcare practitioner prior to use. Store in a cool, dry place. Do not use if safety seal under the lid is broken or missing.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

NO ARTIFICIAL COLORS OR FLAVORS, CHEMICAL PRESERVATIVES, DAIRY, SOY OR GLUTEN

Distributed By:
HerbTonics®
www.herbtonics.com
Twinsburg, Ohio, 44087
1-800-706-2790
For questions or inquiry contact us at:
info@herbtonics.com

X002FAT3XJ

REGISTERED FACILITY FDA · GOOD MANUFACTURING PRACTICES GMP CERTIFIED · MADE IN THE USA