

**DIRECTIONS:** As a dietary supplement, take 2 capsules two times daily, preferably with a meal.

Black Cohosh is among the world's most popular herbs for women. This native American herb has been used for centuries for supporting women's health and has now been scientifically researched for its beneficial effects during menopause. It has found widespread use and official recognition in European countries and is now becoming the worldwide herb of choice for women seeking a natural approach to mid-life changes.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed.  
Store at room temperature: 59°-86°F (15° to 30°C).

**KEEP OUT OF REACH OF CHILDREN.**

**CAUTION:** If you are pregnant or nursing, consult your physician before taking this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# MENOPAUSAL FORMULA

## Black Cohosh

Nutritional Support During  
Menopause\*

Gluten Free Dietary Supplement

250 CAPSULES

| Supplement Facts                      |        |       |
|---------------------------------------|--------|-------|
| Serving Size 2 Capsules               |        |       |
| Servings Per Container 125            |        |       |
| Amount Per Serving                    |        | % DV  |
| Vitamin E .....                       | 400 IU | 1333% |
| (as d-alpha tocopheryl succinate)     |        |       |
| Black Cohosh Extract 2.5% triterpenes | 80 mg  | **    |
| (root & rhizome)                      |        |       |
| Soy Germ Concentrate (SoyLife®)       | 700 mg | **    |
| (containing isoflavones)              |        |       |
| American Ginseng Root .....           | 50 mg  | **    |
| Mexican Yam Root 10:1 .....           | 50 mg  | **    |
| Chaste Berry .....                    | 50 mg  | **    |
| Horse Chestnut Extract .....          | 50 mg  | **    |
| 20% aescin (seed)                     |        |       |
| Boron .....                           | 1.5 mg | **    |
| * Daily Value not established.        |        |       |

Other ingredients: Gelatin, silica, vegetable magnesium stearate, vegetable cellulose, vegetable magnesium silicate. Contains soy ingredients.

Distributed by: **Wonder Laboratories®**  
115 S.C.T. Ct. White House, TN 37188  
**Made in USA**