



FORMULA  
249

# WONDER

## Laboratories

# ZERO IRON

### Hi-Potency Multi Vitamin-Mineral

## Iron Free

Dietary Supplement

Gluten Free

100 TABLETS

## Supplement Facts

Serving Size 1 Tablet

Conforms to USP <2091> for weight.  
Meets USP <2040> disintegration  
for maximum bioavailability.

Mfg. in an FDA Registered  
Facility using Good Manufacturing  
Practices (GMPs)

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A ..... 1125 mcg (RAE) .... 125% (as 50% palmitate & 50% beta carotene)		Biotin ..... 50 mcg ..... 167%	
Vitamin C (as L-ascorbic acid).....140 mg .... 156%		Pantothenic Acid..... 20 mg ..... 400% (as calcium pantothenate)	
Vitamin D-3 (as cholecalciferol).....400 IU (10 mcg) ..... 50%		Choline (as bitartrate)..... 5 mg..... 1%	
Vitamin E ..... 15 IU (13 mg) ..... 67% (as d-alpha tocopheryl succinate)		Calcium (as calcium carbonate) ..... 125 mg ..... 10%	
Thiamin (as thiamin hydrochloride) .....10 mg .... 833%		Iron ..... 000 mg..... 000%	
Riboflavin (vitamin B-2) .....10 mg .... 769%		Iodine (as potassium iodide)..... 150 mcg ..... 100%	
Niacin (as niacinamide) ..... 100 mg (NE)..... 625%		Magnesium (as magnesium oxide)..... 65 mg ..... 15%	
Vitamin B-6 (as pyridoxine hydrochloride).....5 mg .... 294%		Zinc (as zinc gluconate)..... 5 mg ..... 45%	
Folate ..... 800 mcg (DFE) .... 200% (400 mcg folic acid)		Copper (as copper gluconate) ..... 2 mg ..... 222%	
Vitamin B-12 (as cyanocobalamin) .....5 mcg .... 208%		Manganese (as manganese gluconate) ..... 1 mg ..... 43%	

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

**KEEP OUT OF REACH OF CHILDREN.**

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. Contains fish (cod) ingredients.

**CAUTION:** If you are pregnant or nursing, consult your physician before taking this product.

Rev.05DV

Other ingredients: Vegetable cellulose, vegetable stearic acid, silica, bioflavonoids, choline bitartrate, inositol, paba, alfalfa, rose hips, vegetable stearate, vanillin.

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.  
Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Distributed by: **Wonder Laboratories**®

115 S.C.T. Ct., White House, TN 37188

Made in USA