

**Suggested Usage:** As a dietary supplement, adults take 1 capsule, 1-4 times daily or as directed by your health professional.

**Warning:** If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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**Gluten-free, Non-GMO**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 202733 V1

# Magnesium Glycinate

Dietary Supplement



120 Vegetarian Capsules

## Supplement Facts

Serving Size 1 Vegetarian Capsule  
Servings Per Container 120

Amount Per Serving	%DV
Magnesium ..... 120 mg (as magnesium glycinate)	29%
%Daily Value (DV)	

Other ingredients: Hydroxypropyl methylcellulose (capsule), ascorbyl palmitate

Manufactured by: Douglas Laboratories  
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[www.douglaslabs.com](http://www.douglaslabs.com) 1.800.245.4440

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