

**Nutritional Support for
Free-Radical Defense, Natural Energy
Production and Overall Well-Being.***

Source of Life® GOLD is the world's most exciting whole food-based multivitamin, mineral and enzyme-rich whole food supplement. In fact, it is the gold standard in natural supplementation. **Source of Life GOLD** nutritionally supports total body health and vitality with even more of the revitalizing nutrients that have made **Source of Life** synonymous with the **Guaranteed Burst of Energy®**!

Mouthwatering tropical fruit-flavored **Source of Life GOLD Liquid** features:

- Complete profile of essential vitamins and minerals
- Anti-aging, antioxidant powerhouses açai, trans-resveratrol, NAC, MSM and CoQ10
- **Organic Gold Standard Whole Food Complex** (guava, holy basil, lemon, acerola fruit) (standardized B complex and vitamin C)
- **Whole Food PhytoAlgae and Organic Mushroom Blend:** Nutrient-dense oceanic superfoods and certified organic blend of mushrooms, including all major types
- 1000 IU vitamin D3 and 100 mcg vitamin K2
- **Full Spectrum Prebiotic Blend** with FOS, apple pectin, modified citrus pectin and flax to promote probiotic and GI health
- More than 120 colorful fruits and vegetables

Convenient Drip-Proof Bottle

Free from artificial colors, sweeteners and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

DIRECTIONS: SHAKE WELL. As a dietary supplement, take two tablespoons or one capful (about 30 mL) once daily. Tastes great straight from the bottle, or mix it with your favorite beverage.

KEEP TIGHTLY CLOSED. REFRIGERATE AFTER OPENING. KEEP OUT OF REACH OF CHILDREN.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Recharge Your Life – Step Up To The Gold!

NaturesPlus®

**The Ultimate Multi-Vitamin
Supplement with
Concentrated Whole Foods**

**Source of Life®
GOLD
Liquid**

**Guaranteed
Burst of Energy®**

**With Açai, Resveratrol, Vit. D3, Vit. K2,
CoQ10 and Over 120 Whole Foods!**

**ANTIOXIDANT
ORAC
VALUE
1250
NUTRITION**

Delicious Tropical Fruit Flavor

Vegetarian

30 FL OZ (887.10 ml)

**GLUTEN
Free**

Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 mL)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	25
Total Carbohydrate	5 g 2%*
Total Sugars	5 g 10%*
Includes 4.6g Added Sugars	9%*
Vitamin A (as palmitate from spirulina and Dunaliella salina; Beta carotene) (10,000 IU)	330%
Vitamin C (as ascorbic acid; ascorbyl palmitate) (50 mg naturally occurring from Organic Gold Standard®)	50%
Vitamin D3 (as cholecalciferol from livers) (1000 IU)	125%
Vitamin E (as d-alpha tocopheryl acetate) (200 IU)	85%
Vitamin K2 (as menaquinone-4 and menaquinone-7) (100 mcg)	85%
Thiamin (Vitamin B1) (as thiamine mononitrate; naturally occurring from Organic Gold Standard®)	11 mg 91%
Riboflavin (Vitamin B2) (riboflavin; naturally occurring from Organic Gold Standard®)	26 mg 2000%
Niacin (as niacinamide; naturally occurring from Organic Gold Standard®)	33 mg NE 206%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard®)	26.1 mg 1535%
Folate (as calcium-L-5-methyltetrahydrofolate; naturally occurring from Organic Gold Standard®)	708 mcg DFE 177%
Vitamin B12 (as methylcobalamin) (1000 mcg)	41,667%
Biotin (as d-biotin) (100 mcg)	333%
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard®)	24 mg 480%
Choline (as bitartrate) (10 mg)	2%
Calcium (as citrate) (50 mg)	4%
Iodine (as potassium iodide) (150 mcg)	100%
Magnesium (as citrate) (25 mg)	6%
Zinc (as gluconate) (7.5 mg)	68%
Selenium (as whole brown rice amino acid complex) (25 mcg)	45%
Copper (as whole brown rice amino acid complex; from copper chlorophyll) (3 mg)	333%
Manganese (as gluconate) (4 mg)	174%
Chromium (as picolinate) (20 mcg)	57%
Potassium (as citrate) (50 mg)	1%
Whole Food PhytoAlgae & Organic Mushroom Blend†† – Proprietary complex of: <i>Ascophyllum nodosum</i> , <i>Laminaria brown algae</i> (<i>Laminaria digitata</i>), Irish moss (<i>Cladophora crispata</i> , <i>Delile</i>), <i>Palmaria palmata</i> , red seaweed (<i>Gracilaria tikvahiae</i>), spirulina algae (<i>Spirulina platensis</i>), bladderwrack (<i>Fucus vesiculosus</i>), kelp (<i>Sargassum fusiforme</i>), wakame (<i>Ulmus esculentus</i>), nori (<i>Porphyra yezoensis</i>), kombu (<i>Laminaria setchellii</i>), mushrooms: Wood ear, Cordyceps™ (<i>Bioleptaria schrenkii</i>), maitake, shiitake, oyster mushroom, lion's mane, chlorella (from spirulina and copper chlorophyll) from concentrate	800 mg†
Multi Color Whole Food Blend††	725 mg†
Organic Gold Standard Whole Food Complex – Guava (<i>Psidium guajava</i>), holy basil (<i>Ocimum tenuiflorum</i>), lemon, acerola (<i>Malpighia glabra</i>) fruit (std. naturally occurring B complex and vitamin C)	
Energyizing and Cleansing Green Whole Food Blend – Cooled whole brown rice, spirulina, fructooligosaccharides (FOS), beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, pea, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, green coffee bean, thyme, rice bran, chlorella, olive, cucumber, juniper berry, lime	

Amount Per Serving

Strength and Endurance White Whole Food Blend – Sage, rose root, fennel, ascorbic acid, banana, potato, horseradish, white tea, *Phaseolus vulgaris* bean, arachide, pennis, tannin, cauliflower, ginger, chia, clove, rose, garlic, onion, lemon, citrus pectin, bamboo (*Bambusa vulgaris* stem), shiitake mushroom

Defense and Repair Yellow Whole Food Blend – Carrot, mango, grapefruit, apple cider vinegar, pear, honeydew melon, grapefruit, yellow squash, kiwi, sunflower seed, oregano leaf, pumpkin, fenel seed, annatto seed, clove, hops, rosemary, tangerine, lemongrass, marigold flower, watercress, cinnamon, flax, psylli

Brain Support Blue Whole Food Blend – Black currant extract, blueberry, blackberry, elderberry, lingonberry, apple, plum, cherry, purple fig, passion fruit, kale, rhubarb root, acerola, beet, hibiscus, pomegranate extract, wolfberry (goji), açai, grape seed extract, carob, prune, rose hips

Anti-Aging Red Whole Food Blend – Acai, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, lysozyme, red grape, red wine (polyphenol-free), black raspberry, bilberry, royal cactus, purple carrot, fenugreek, watermelon

Amino Acids – (20 essential and non-essential amino acids from spirulina, Whole Food PhytoAlgae, chia and mineral amino acids)
Ginseng Root (Korean) (naturally providing ginsenosides A (a through d) and F) 50 mg†
Inositol 30 mg†

Trans-Resveratrol Complex (from standardized concentrates of red wine [v. viderafruit] (alcohol-free), grape seed [Vitis vinifera] and Polygonum cuspidatum roots) 25 mg†

Full Spectrum Prebiotic Complex – FOS (fructooligosaccharides), apple pectin, modified citrus pectin, soluble vegetable oligosaccharides, flax 25 mg†

Whole Food Omega Fatty Acid Blend (supplying 13 mg of Omega-3, Omega-6, and other healthy fatty acids) (from chia, spirulina, sunflower seed, black currant, flax seed, borage) 25 mg†

Enzyme-Rich Whole Food Blend – Pineapple, papaya, beet juice, turmeric, parsley, ginger 25 mg†

Bioflavonoid and Antioxidant Whole Food Blend – Active flavonoids, flavanones, flavones & marigold; hesperidin from *Citrus sinensis* whole fruit; quercetin and rutin (from *Diospyros mollis* & *Sophora japonica*) 25 mg†

PABA (para-aminobenzoic acid) 15 mg†
Coenzyme Q10 10 mg†
Lutein (active carotenoid from marigold flower extract) 3 mg†
Lycopene (active carotenoid from tomato) 2.5 mg†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
†† See Mark Color Whole Food Blend.
†† For details, visit www.naturesplus.com.

Other Ingredients: Purified water, Vitawave® (fruit juice concentrate, agave nectar, lee fan guo fruit extract), citric acid, fructose, honey, natural flavors, vegetable glycerin, xanthan gum, Anti-Aging Blend (alpha-lipoic acid, R-lipoic acid, glutathione, MSM [methylsulfonyl-methane], NAC [N-acetyl cysteine], turmeric [std. curcumin], grape [Vitis rotundifolia] seed extract [std. polyphenols]), sodium benzoate (preservative), potassium sorbate (preservative), guar gum, Trace Mineral Complex (soluble prebiotic plant-based minerals and rare earth elements).

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