

SUGGESTED USE:

Shake well before use.

Adults take 1-2 drops daily or as recommended by a physician or healthcare professional. Take by mouth or add to water or juice.

KEEP OUT OF REACH OF CHILDREN.

All children 12 and under, pregnant & lactating women and seniors ages 65+ should always consult with a physician or healthcare professional before using any dietary supplement.

MARY
RUTH'S®



ORGANIC IODINE LIQUID DROPS



CONTACT US

We love to hear from our customers.
Questions? Feedback?
Please feel free to call or email us!
WeCare@MaryRuthOrganics.com

(310) 955-1353

= Unflavored =

In a Water Base

A Dietary Supplement

1 fl oz (30 mL)

Supplement Facts

Serving Size 2 Drops (0.07 mL)

Servings Per Container 450

	Amount Per Serving	% Daily Value for Pregnant & Lactating	% Daily Value
Iodine (as Potassium Iodide)	250 mcg	86%	167%

Other Ingredients^: Organic Vegetable Glycerin and Purified Water.

^All ingredients are VEGAN and NON-GMO

Distributed by
MaryRuth Organics LLC | Los Angeles, CA 90035
www.maryruthorganics.com
Certified Organic by Americert International

No Refrigeration Necessary
15 Month Supply

MR-40207