Suggested Usage: Add 1 scoop to 8-10 oz of water and mix well. Take 30 minutes prior to exercise. Best stored in a cool dry cupboard, the fridge or freezer.

NOTE: Use product within 6 months after opening.

SUPPORTS ENERGY, STAMINA & **ENDURANCE****

SHARPENS MENTAL FOCUS & CLARITY**

ASSISTS STRENGTH, POWER & LEAN MUSCLE DEVELOPMENT**

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for MRM® 2665 Vista Pacific Dr. • Oceanside, CA 92056 USA www.mrmnutrition.com • 1-800-948-6296

InnovaTea® is a registered trademark of NutriScience Innovations, LLC. PEAK ATP® is a registered trademark of TSI, Inc.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.











PRE-WORKOUT BOOST



NET WT 12.3 OZ (350 G)

DIETARY SUPPLEMENT

Supplement Facts

% Daily Value

Serving Size 1 Scoop (12 g) 29 Servings Per Container

Amount Per Serving

Amount Per Serving	erving % Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary Fiber	1 g	4%
Total Sugars les	s than 1 g	
Includes <1g Added Sugars		2%
Vitamin C (as ascorbic a cid)	63 mg	70%
Niacin	10 mg	60%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	290%
Vitamin B12 (as methylcobalamin)	25 mcg	1,040%
Pantothenic Acid (as calcium pantothenate)	100 mg	2,000%
Calcium (as calcium citrate)	40 mg	4%
Iron	0.3 mg	2%
Magnesium (as magnesium aspartate)	40 mg	10%
Sodium (as sodium chloride)	85 mg	4%
Potassium (as potassium citrate)	40 mg	0%
Muscle Blend	4.750	
L-Citrulline 2,000 mg	4,750 mg	
CarnoSyn* Beta-Alanine 1,000 mg		- ;
Taurine 1,000 mg		÷
Red Beet Powder 750 mg		+
Hydration Blend	2,375 mg	
Trehalose 1,250 mg		+
Betaine Anhydrous 1,025 mg		
Pine Bark Extract (95% Proanthocyanidins) 100 mg	
Energy Blend	1,180 mg	
N-Acetyl Tyrosine 450 mg		
Acetyl-L-Carnitine Hydrochloride 250 mg		
Cordyceps Sinensis (CS-4) Mycelium Extra		, ,
InnovaTea® Natural Caffeine from Tea 130	ma	+
(yielding 125 mg Caffeine)	ilig	
Schizandra Berry Extract (2% Schizandrins) 75 mg	t
Peak ATP* 25 mg		t

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Natural Strawberry Kiwi Flavor, Citric Acid, Stevia Leaf Extract, Silicon Dioxide, Monk Fruit Extract.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.