

Daily Pure Pack
General Wellness +
Multivitamin

DAILY ESSENTIALS INCLUDING AN ALL-IN-ONE
MULTIVITAMIN TO SUPPORT OPTIMAL HEALTH
AND WELLNESS†

Directions:
Fold this piece down. Thread first pack through the open slot.
Take one packet daily.

pure
encapsulations®

Discover the pure
difference inside.

EACH PACK CONTAINS

- 1 O.N.E.™ Multivitamin
- 2 Cal/Mag 2:1 (malate)
- 1 EPA/DHA essentials

Recommendations:

As a dietary supplement, take 1 packet daily
(4 capsules), with a meal.



STORE IN A COOL, DRY PLACE.
Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.
Keep out of the reach of children.
This product was sealed for your protection. Do not use if box or contents are opened or damaged.
Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

800.753.2277 | PureForYou.com

Manufactured for: Pure Encapsulations, 490 Boston Post Road, Sudbury, MA 01776



pure
encapsulations®

DIETARY SUPPLEMENT | 28 Packs



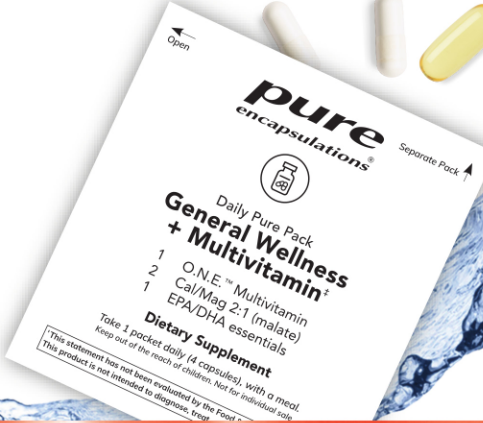
Component: PYPMV3-BOX
Code: PYPMV3 V2

This box is made from 30% post-consumer recycled fiber and can be recycled curbside.



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TEAR HERE ▼

Developed in collaboration with medical and nutritional experts using
pure, premium ingredients FREE FROM unnecessary additives and many
common allergens, and backed by verifiable science.

1. Among professional supplement brands surveyed, Nutrition Business Journal® 2016, 2020

TEAR BELOW TO EXPERIENCE GOODNESS ENCAPSULATED.

It's what's on the inside that counts.

Supplement Facts

	Amount Per Serving	%DV
Serving size 1 packet (4 capsules)		
Servings per container 28		
Calories	10	
Total Fat	1 g	1%*
Cholesterol	<5 mg	<2%
Vitamin A (as vitamin A acetate and 73% beta carotene)	1,125 mcg	125%
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin D (as cholecalciferol) (D)	60 mcg (2,000 IU)	250%
Vitamin E (as d-alpha tocopherol succinate)	20 mg	134%
Thiamin (as thiamin HCl) (B)	3 mg	250%
Riboflavin (as vitamin B) and 43% riboflavin 5' phosphate (activated B)	3 mg	231%
Niacin (as niacinamide)	20 mg	125%
Vitamin B (as pyridoxine HCl and 38% pyridoxal 5' phosphate (activated B))	4 mg	235%
Folate (as Metafolin®, L5-MTHF)	667 mcg DFE (400 mcg L5-MTHF)	167%
Vitamin B (as methylcobalamin)	500 mcg	20,833%
Biotin	300 mcg	1,000%
Pantothenic acid (as calcium pantothenate) (B)	10 mg	200%
Choline (as choline bitartrate)	25 mg	5%
Calcium (as di-calcium malate)(DimaCal™)	260 mg	20%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as di-magnesium malate) (Albion™)	130 mg	31%
Zinc (as zinc citrate)	25 mg	227%
Selenium (as selenomethionine)	70 mcg	127%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg	167%
Boron (as boron glycinate)	1 mg	*
Inositol	25 mg	*
Cosymc® (as CoQ10 and as 18% from sustained-release MicroActive® O-cyclodextrin complex)	50 mg	*
Alpha lipoic acid	50 mg	*
FloraGLO® lutein	3 mg	*
OPTISHARP® zeaxanthin	500 mcg	*
Lycopene	500 mcg	*
Fish oil concentrate (from anchovies, sardines, mackerel) providing:	1,000 mg	*
EPA (eicosapentaenoic acid)	300 mg	*
DHA (docosahexaenoic acid)	200 mg	*

* Daily value (DV) not established
^ Percent daily values based on a 2,000 calorie diet

Other ingredients: gelatin capsule (gelatin, glycerin, water), vegetarian capsule (cellulose, water), hypodallergenic plant fiber (cellulose), ascorbyl palmitate, potato starch, natural tocopherols

Contains fish (anchovies, sardines, mackerel)

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Albion™, DimaCal™ and TRAACS™ are trademarks of Albion Laboratories, Inc.

FloraGLO is a registered trademark of Kemin Industries, Inc.

OPTISHARP® (zeaxanthin), OPTISHARP® is a trademark of DSM.

CHROMEMATE® ChromeMate® brand niacin-bound chromium complex.

ChromeMate® is a Lanza trademark.

MicroActive® is a registered trademark of BioActives, LLC.