

Daily Pure Pack
Healthy Sleep

SUPPORTS SLEEP QUALITY TO HELP
YOU FEEL RESTED AND REFRESHED*

Directions:
Fold this piece down. Thread first pack through the open slot.
Take one packet daily.

pure
encapsulations®

Discover the pure difference inside.

EACH PACK CONTAINS

- 2 Best-Rest Formula
- 1 Magnesium (glycinate)

Recommendations:

As a dietary supplement, take 1 packet daily
(3 capsules), 30-60 minutes before bedtime.



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

800.753.2277 | PureForYou.com
Manufactured for: Pure Encapsulations, 490 Boston Post Road, Sudbury, MA 01776

pure
encapsulations®

DIETARY SUPPLEMENT | 28 Packs



Component: PYPHS3-BOX
Code: PYPHS3 V1

This box is made from 30% post-consumer recycled fiber and can be recycled curbside.



Daily Pure Pack Healthy Sleep

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TEAR HERE ▼

Developed in collaboration with medical and nutritional experts using
pure, premium ingredients FREE FROM unnecessary additives and many
common allergens, and backed by verifiable science.

1. Among professional supplement brands surveyed, Nutrition Business Journal® 2016, 2020

It's what's on the inside that counts.

TEAR BELOW TO EXPERIENCE GOODNESS ENCAPSULATED.

#1
MOST
RECOMMENDED
brand by healthcare
professionals

Supplement Facts

Serving size 1 packet (3 capsules)
Servings per container 28

	Amount Per Serving	%DV
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	3.3 mg	194%
Magnesium (as magnesium glycinate)	120 mg	29%
Melatonin	1 mg	*
GABA (gamma-aminobutyric acid)	300 mg	*
L-Theanine (Suntheanine®)	50 mg	*
Valerian (<i>Valeriana officinalis</i>) extract (root) (standardized to contain 0.8% valerenic acids)	400 mg	*
Lemon balm (<i>Melissa officinalis</i>) extract (leaf) (standardized to contain 5% rosmarinic acid)	150 mg	*
Hops (<i>Humulus lupulus</i>) extract (aerial parts)	150 mg	*
Passionflower (<i>Passiflora incarnata</i>) extract (aerial parts) (standardized to contain 3.5% vitexins)	100 mg	*
Chamomile (<i>Matricaria recutita</i>) extract (flower)	100 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose),
gum arabic, maltodextrin, ascorbyl palmitate, silica
Suntheanine® is a registered trademark of Taiyo International, Inc.

STORE IN A COOL, DRY PLACE.

Warning: Consult a healthcare professional if you are experiencing long-term sleep
difficulties, before use in children, before use in pregnant or lactating women, those with
a medical condition, and those taking medication. Do not drive or operate machinery when
taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

Keep out of the reach of children.

This product was sealed for your protection. Do not use if box or contents are opened
or damaged.

Contents may not fill package in order to accommodate required labeling.
Please rely on stated quantity.