

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 1 Pack twice daily with food or as directed by your health professional.

Warnings: If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before using this product.

Caution: If you are immunocompromised, consult your health professional before using probiotic-containing products.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact. Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Nutraflora® is a registered trademark of Corn Development Products, Inc.

PteroPure® is a trademark of ChromaDex, Inc.

OptiZinc® is a trademark of Lonza.



Gluten-free, Non-GMO

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula # 65900 VS

Metabolic Rejuvenation® Week 4 Renew†

Dietary Supplement

 **DOUGLAS**
LABORATORIES®

14 Packs

Supplement Facts

Serving Size 1 Pack

Each Pack contains 1 Tablet, 1 Softgel and 2 Capsules

Servings Per Container 14

	Amount Per Serving	%DV
Calories	10	
Total Fat	1 g	2%*
Vitamin A (as natural beta-carotene)	750 mcg	83%
Vitamin C (as ascorbic acid)	60 mg	67%
Vitamin D ₃	12.5 mcg (500 IU)	63%
Vitamin E	34 mg	223%
(as d-alpha tocopheryl succinate)		
Thiamine (as thiamine HCl)	12.5 mg	1,042%
Riboflavin (as riboflavin-5-phosphate)	5 mg	385%
Niacin/Niacinamide	15 mg	94%
Vitamin B ₆ (as pyridoxal-5-phosphate)	5 mg	294%
Folate (as L-5-MTHF, Metafolin®)	333 mcg DFE	83%
(200 mcg L-5-MTHF)		
Vitamin B ₁₂ (as methylcobalamin)	125 mcg	5,208%
Biotin	150 mcg	500%
Pantothenic Acid (as d-calcium pantothenate)	12.5 mg	250%
Choline (from choline/bitartrate)	30 mg	5%
Calcium (as calcium citrate/malate complex)	25 mg	2%
Iodine (from kelp)	75 mcg	50%
Magnesium (as magnesium citrate)	12.5 mg	3%
Zinc (as Opti-Zinc®, monomethionine)	7.5 mg	68%
Selenium (as selenium amino acid chelate)	50 mcg	91%
Copper (as copper amino acid chelate)	0.5 mg	56%
Chromium (as chromium amino acid chelate)	40 mcg	171%
Molybdenum (as molybdenum amino acid chelate)	50 mcg	111%
Potassium (as potassium aspartate)	15 mg	<1%

	Amount Per Serving	%DV
L-Glutamine	500 mg	*
EPA (Eicosapentaenoic acid)	330 mg	*
Probiotic Proprietary Blend	280 mg	*
(yielding 20 Billion CFU)		
Containing:		
Nutraflora® short-chain FOS prebiotic fiber,		
Lactobacillus acidophilus, Lactobacillus		
plantarum, Lactococcus lactis, Lactobacillus		
paracasei, Bifidobacterium lactis HN019,		
Bifidobacterium breve, Streptococcus		
thermophilus, Bifidobacterium lactis (infantis),		
Bifidobacterium bifidum, Lactobacillus salivarius,		
Lactobacillus casei, Lactobacillus brevis,		
Bifidobacterium longum, Lactobacillus gasseri,		
Lactobacillus bulgaricus, Lactobacillus rhamnosus		
DHA (Docosahexaenoic acid)	170 mg	*
Polyphenol Proprietary Blend	150 mg	*
Wild Blueberry Extract (fruit, Vaccinium angustifolium,		
standardized to 4% polyphenols), Strawberry Extract (fruit,		
Fragaria vesca, standardized to 2% polyphenols),		
Spinach Powder (aerial parts, Spinacia oleracea).		
Inositol	12.5 mg	*
Pterostilbene (PteroPure®)	5 mg	*
Lutein (natural)	1.5 mg	*
Lycopene (natural)	1.5 mg	*
Zeaxanthin	0.5 mg	*
Astaxanthin	0.5 mg	*

*Percent Daily value is based on a 2,000 Calorie diet

*Daily Value (DV) not established

Other ingredients: Cellulose, ultra refined fish oil concentrate (from anchovy), gelatin (capsule), capsule (hydroxypropyl methylcellulose, pectin, glycerol, purified water), sunflower lecithin, croscarmellose sodium, stearic acid, hydroxypropyl cellulose, silica, magnesium silicate, dextrose, titanium dioxide, glycerin, purified water, rosemary extract, ascorbyl palmitate, mixed tocopherols, ethylcellulose, medium chain triglycerides, oleic acid, sodium alginate, caramel color and natural vanilla flavor.

Contains: Fish Oil (anchovy)

