

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule, 1-3 times daily, between meals.
Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medications, consult your health professional before use. Do not use concurrently with antidepressants.
Keep out of the reach of children.

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Use only if safety seal is intact. Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity. Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



Emotional Wellness[†]

Supports emotional and mental well-being[†]

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement
30 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 30

	Amount Per Serving	%DV
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	6.7 mg	394 %
5-Hydroxytryptophan	100 mg	*
L-Tyrosine (free-form)	100 mg	*
GABA (gamma-aminobutyric acid)	200 mg	*
L-Theanine	100 mg	*
Rhodiola (Rhodiola rosea) extract (root) (standardized to contain 3% total rosavins and 1% salidroside)	100 mg	*
Passionflower (Passiflora incarnata) extract (aerial parts) (standardized to contain 3.5% vitexins)	85 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.