Suggested Usage: For best results take 2 capsules daily or as recommended by your healthcare practitioner.

Fenugreek is one of the oldest known natural herbs. To preserve maximum nutrients we avoid artificial processing.

This supplement is free of gluten, GMOs, additives, preservatives, artificial colors, oesticides, soy, and dairy.





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Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

Amount Per Serving

Organic Fenugreek Seed

* Daily Value (DV) not established

OTHER INGREDIENTS: Cellulose

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Not manufactured with yeast,
wheat, gluten, milk, egg, fish,

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CAUTION: For adults only. Consult a physician if you are pregnant/ nursing, taking medication or have a medical condition. Keep out of reach of children.

