



Mason guarantees its line of products are all manufactured and packaged in strict conformance with industry and government standards.

If printed heat induced seal appears to be tampered with, do not use product.

Glucosamine is manufactured by the body and is a natural building block of cartilage. Supplementing your body with Glucosamine helps nourish and repair cartilage, which cushions bones and is essential to joint flexibility and comfort.*

Fish Oil contains EPA and DHA Omega-3 Essential Fatty Acids, vital compounds that support a healthy heart, cholesterol levels, and joint comfort.* Vitamin E has been added to help preserve freshness. Supportive but not conclusive research shows that consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease.*

Directions: As a dietary supplement, take three softgels daily, preferably with meals.

STUDIES HAVE SHOWN THAT CONTINUOUS USE OF THIS PRODUCT FOR NO LESS THAN 4-6 WEEKS IS REQUIRED FOR OPTIMUM BENEFITS.

Store in a dry, controlled room environment.

Caution: As with any supplement, check with your doctor or pharmacist if you are pregnant or nursing or are on any medication. Do not consume this product if you have an allergy to shellfish.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MASON[®] natural[®]

Joint & Heart

GLUCOSAMINE & FISH OIL



Dietary Supplement

• Soothes **JOINT Discomfort***

• **Omega-3 Fish Oils** support healthy joints & heart*

May **REDUCE** the **RISK** of **Coronary Heart Disease***

*See Side Panel

90 SOFTGELS

Supplement Facts

Serving Size 3 Softgels
Servings per container 30

	Amount Per Serving	%DV
Calories	21	
Calories from fat	18	
Total fat	1.77 g	<5%+
Total Carbohydrate	0 mg	
Protein	825 mg	
Vitamin E (d-alpha tocopherol)	15 IU	50%
D-Glucosamine Sulfate	1500 mg	**
Fish Oil	1200 mg	**
EPA	180 mg	**
DHA	120 mg	**

**Daily Value not established.

+Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, glycerin, soybean oil, beeswax, soy lecithin, purified water, caramel and titanium dioxide.

ALLERGEN CERTIFICATION

This product contains fish, crustacean shellfish and soy.

GUARANTEED NO ADDED: Starch, Yeast, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.

Keep Out of the Reach of Children.

Manufactured in the USA for: **MASON VITAMINS, INC.** Miami Lakes, FL 33014 USA
Visit us at: www.masonvitamins.com

LOT/EXP. DATE:

1414-90

