

**DIRECTIONS:** One softgel capsule once or twice daily, or more, as directed by a doctor.

*Sold only for dispensing by a licensed health care professional.*

**Not to be used by pregnant or lactating women.**

TAMPER EVIDENT BAND AROUND CAP AND SEAL ON BOTTLE. DO NOT USE IF EITHER SEAL IS BROKEN OR MISSING. KEEP OUT OF REACH OF CHILDREN.

Typical Fatty Acid Composition:

Omega 3	160 mg
Omega 6	287 mg
Omega 9	65 mg

This product has been packaged in a 3rd party inspected, GMP facility. (Good Manufacturing Practices)

Rev. L1819    Reorder No. 446



# PROGRESSIVE PROFESSIONAL<sup>®</sup>

From Progressive Laboratories

## EFA COMPLEX

DIETARY SUPPLEMENT

90 SOFTGEL CAPSULES

### Supplement Facts

Serving Size: 1 Softgel Capsule

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories 8.6		Vitamin E (as d-alpha tocopherol)	3 mg 22%
Calories From Fat 7.2		Evening Primrose Oil	200 mg †
Total Fat 0.8 g	1%	Borage Oil	200 mg †
Saturated Fat 0.1g	0.5%	Organic Flaxseed Oil	200 mg †
Polyunsaturated Fat 0.5 g	†	Marine Lipid Concentrate	200 mg †
Monounsaturated Fat 0.2 g	†		

% Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: gelatin (capsule), glycerin, purified water. Contains sardine, anchovy, mackerel, sprat, salmon, clupea fish.

Contains: Soy

Manufactured by  
**PROGRESSIVE LABORATORIES, INC.**  
Irving, Texas 75038 • 1-800-527-9512