



Bone-building Support*

NEW AND IMPROVED FORMULA IN ONLY 4 VEGGIE CAPSULES!

NOW WITH VITAMIN K2 and EGGSHELL CALCIUM!

This formula is designed specifically to maintain existing bone and increase bone mass based on the latest clinical research. This formula is can be used independantly or with Essentials 5in1 for even more bone-building support from additional Vitamin D3 and Vitamin K2, which also support cardiac and cognitive function. Specific special features include:

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		% DV/RDI
Vitamin D3 (As Cholecalciferol)	1000 IU	250 %
Vitamin K (As Menaquinone)	100 mcg	125 %
Calcium (As Eggshell Calcium And Calcium Aspartate Anhydrous)	400 mg	40 %
Magnesium (As Traacs® Magnesium Glycinate Chelate)	200 mg	50 %
Zinc (As Zinc Glycinate Chelate)	5 mg	33 %
Manganese (As Manganese Glycinate Chelate)	3 mg	150 %
Boron (As Boron Glycinate)	5 mg	*
Bioperine® Black Pepper 50:1 Extract (<i>Piper mgrum</i>) (Contains 95% Piperine) (Fruit)	2.5 mg	*

*Daily Value and/or Recommended Daily Intake not established.

Other Ingredients May Contain: Vegetarian Capsule, White Rice Flour, Microcrystalline Cellulose, Inulin, and L-Leucine
Caution: Contains Egg