

U.S. Patent # 5,812,111

Vitality

MULTIVITAMIN & MINERAL*

Supports Energy & Overall Health



Organically bound
for maximum
absorption and
utilization.

Patent Pending

MULTIVITAMIN & MINERAL SUPPLEMENT
60 Tablets

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Supplement Facts

Serving Size 2 Tablets 
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene) 3000 IU	60%
Vitamin C (as ascorbic acid) 150 mg	250%
Vitamin D (as cholecalciferol) 200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate) 30 IU	100%
Thiamin (as thiamin HCl) 15 mg	1000%
Riboflavin 17 mg	1000%
Niacin (as niacinamide) 75 mg	375%
Vitamin B6 (as pyridoxine HCl) 10 mg	500%
Folate (as folic acid) 600 mcg	150%
Vitamin B12 (as cyanocobalamin) 12 mcg	200%
Biotin (as d-biotin) 60 mcg	20%
Pantothenic Acid (as calcium pantothenate) 20 mg	200%
Calcium (as calcium carbonate, dicalcium phosphate, calcium citrate, calcium gluconate, calcium amino acid oligofructose complex) 250 mg	25%
Iodine (as iodine amino acid oligofructose complex) 150 mcg	100%
Magnesium (as magnesium oxide, magnesium lactate, magnesium citrate, magnesium amino acid oligofructose complex) 200 mg	50%
Zinc (as zinc amino acid oligofructose complex) 15 mg	100%
Selenium (as selenium amino acid oligofructose complex) 105 mcg	150%
Copper (as copper amino acid oligofructose complex) 3 mg	150%
Manganese (as manganese amino acid oligofructose complex) 4 mg	200%
Chromium (as chromium amino acid oligofructose complex) 120 mcg	100%
Molybdenum (as molybdenum amino acid oligofructose complex) 75 mcg	100%
Boron (as boron amino acid oligofructose complex) 150 mcg	†

† Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, silicon dioxide, magnesium stearate, hydroxypropyl cellulose, polyethylene glycol, stearic acid, vanillin.