

Suggested Usage: For best results take 1 capsule daily or as recommended by your healthcare practitioner.

Peak Performance 5-MTHF is an essential B vitamin. In this form, it is the most biologically active form of folic acid that can cross the blood-brain barrier.†

This supplement is free of gluten, GMOs, additives, preservatives, artificial colors, pesticides, soy, and dairy.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Peak Performance 5-MTHF



PEAK PERFORMANCE

5-MTHF METHYL FOLATE



Dietary Supplement

30 Vegan Capsules

Save 20% BuyPeakPerformance.com

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving	% Daily Value	
Folate (as L-5-Methyltetrahydrofolate)	1.7 mg DFE	425%

OTHER INGREDIENTS: Cellulose, Leucine, Silicon Dioxide and Water

Distributed by
Peak Performance Life LLC
Henderson, NV 89052
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www.BuyPeakPerformance.com

Not manufactured with yeast, wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients.

Store in a cool, dry place after opening.

CAUTION: For adults only. Consult a physician if you are pregnant/nursing, taking medication or have a medical condition. Keep out of reach of children.

