

MELATONIN 3 MG

VEGETARIAN/GLUTEN FREE

A DIETARY SUPPLEMENT TO SUPPORT NORMAL SLEEP*

60 CAPSULES • 3 MG

Suggested Use: As a dietary supplement, take 1 capsule, one to two hours before bedtime, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving

% Daily Value

Melatonin 3 mg

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*Daily Value not established.

Other ingredients: microcrystalline cellulose, hypromellose (capsule).

