



SWANSON®
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium/ Magnesium

(Aspartate Complex)

Mineral Supplement

120 tablets



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one tablet two times per day with water. For maximum benefit, take two tablets two times per day.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (from calcium aspartate and calcium carbonate)	250 mg	25%
Magnesium (from magnesium aspartate and magnesium oxide)	125 mg	31%

Other ingredients: Stearic acid, microcrystalline cellulose (plant fiber), croscarmellose sodium, magnesium stearate, food glaze.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

PO Box 2803 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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