

MILLECOR

PRO7 PROTEIN BLEND

MILLECOR® PRO-7 combines seven different proteins to fuel your body for a full four hours. Proteins are digested at different rates; by combining different proteins, you enjoy an immediate, medium, and extended source of nutrition as your body breaks protein down into amino acids. MILLECOR® PRO-7 is rich in BCAAs and Essential Amino Acids and has Digestive Enzymes for maximum protein absorption.

MILLECOR® PRO-7 also includes an ideal ratio of protein, complex carbohydrates and healthy oils to support extended time-release of amino acids.

- **Immediate Release:** Whey Protein Isolate, Whey Concentrate & Glutamine Peptides are absorbed within 30 minutes after consumption.
- **Medium Release:** Egg Protein and Milk Protein Isolate fuels your body with amino acids for 1.5 hours (90 minutes). Egg is considered a perfect protein because it has the highest protein efficiency ratio.
- **Extended Release:** Micellar Casein and Calcium Caseinate take much longer to digest. You get a full 4 hour release of amino acids. This makes these proteins ideal for appetite control.

Suggested Use: Mix two rounded scoops with 10-12oz of water, milk, or your favorite beverage. Vary the amount of liquid for taste preference.

Allergen Warning: Manufactured on shared equipment that produces products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuts.



PRO7

SEVEN

TIME RELEASED PROTEIN BLEND

NET WT. 1320 G (2.9 LB)
DIETARY SUPPLEMENT



VETERAN
OWNED
BUSINESS

**Chocolate
Milkshake**

Natural & Artificial Flavor

30
SERVINGS

24g
PROTEIN

12g
CARB

Nutrition Facts

Serving Size: 2 Scoops (44g)

Servings Per Container: 30

Amount Per Serving

Calories 170 Calories from Fat 50

% Daily Values**

Total Fat	6 g	9%
Saturated Fat	1.5 g	7%
Cholesterol	55 mg	18%
Sodium	200 mg	8%
Potassium	300 mg	9%
Total Carbohydrate	12 g	4%
Dietary Fiber	5 g	21%
Sugar	3 g	
Protein	24 g	

Calcium 10% Iron 6%

Phosphorus 15% Magnesium 4%

Chromium 6%

Not a significant source of trans fat, Vitamin A, or Vitamin C.

** Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Ingredients: Protein Blend consisting of (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Calcium Caseinate, Micellar Casein, Egg Whites, Whey Protein Hydrolysate, Glutamine, and Lactin (Soy)), Creamer consisting of (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- & Diglycerides, Dipotassium Phosphate, Tri-calcium Phosphate, Soy Lecithin, and Tocopherols), Polydextrose, Cocoa (processed with alkali), Natural & Artificial Flavors, MCT Oil Powder consisting of (Medium Chain Triglycerides, IP Maltodextrin, Sodium Caseinate, Dipotassium Phosphate, Sodium Triphosphate, Mono- and Di-glycerides), Cellulose Gum, Sodium Chloride, Sunflower, Acesulfame Potassium, Digestive Enzyme Blend (Papain, and Protease).

Contains: Milk, Soy, and Eggs.



MANUFACTURED FOR AND
DISTRIBUTED BY

215 GORTY LN
RICHMOND, TX 77469

MILLECOR.COM

011410