

MULTI(hers)

The perfect balance of vitamins, minerals, antioxidants, and herbs. MULTI(hers) bridges the nutrient gap in your diet while offering immune support, increased energy, and mental alertness.*

DIRECTIONS: As a dietary supplement, take two (2) capsules in the morning with a meal.

WARNING: Consult with a physician prior to use if you have a medical condition. Don't use if pregnant or lactating.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lot # and expiration date printed on bottom of bottle. V3R1



MULTI(hers)



VETERAN OWNED BUSINESS

60 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules / Servings Per Container: 30

Amount per Serving	%DV	Amount per Serving	%DV
Vitamin A 2000IU	40%	Calcium 50mg	1%
Beta-Carotene		Carbonate 38%	
Vitamin C 150mg	250%	Magnesium 50mg	121%
Ascorbic Acid		Oxide 58%	
Vitamin D 400IU	100%	Zinc 15mg	100%
Cholecalciferol		Selenium AAC 0.2%	4%
Vitamin E 300IU	100%	Copper gluconate 13%	100%
Di-Alpha Tocopherol Acetate 50%		Manganese chelate 2mg	100%
Vitamin B1 7mg	466%	Chromium 120mcg	100%
Thiamine Mononitrate		Picolinate 20%	
Vitamin B2 7.5mg	440%	Molybdenum 1% Trt.	100%
Riboflavin		Female Support 192mg	**
Vitamin B3 30mg	150%	Wild Yam Extract, Red Clover Extract, Lutein, Cranberry Extract, Alpha Lipoic Acid, Lycopene	
Niacin		Immune Blend 115mg	**
Vitamin B6 7.5mg	375%	Goldenseal Root, Echinacea, Spirulina, Garlic	
Pyridoxine HCL		Antioxidant Fruit	
Folic Acid 400mcg	100%	& Energy Blend 187mg	**
Vitamin B12 27mcg	450%	Green Tea, Hawthorn Berries, Cinnamon Bark Extract, Bilberry Fruit Extract, Grape Seed Extract, Black Currant Fruit Extract, Pomegranate Fruit Extract	
Cyancobalmin			
Biotin 300mcg	100%		
Vitamin B5 10mg	100%		
D-Calcium Pantothenate			

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium Stearate, Silicon Dioxide.