NATURE AT ITS FINEST

SUGGESTED USE: As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call of a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.









Maximum Strength





60 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	%DV	Amount Por Coming and
Vitamin A 122mcg (as Beta-Carotene)		Amount Per Serving %DV Selenium 50mcg 91% (as Selenium Amino Acid Chelate)
Vitamin C (Ascorbic Acid) 125mg		Copper (as Copper Gluconate) 52mcg 6%
Vitamin D3 3mcg (Cholecalciferol)	15%	Manganese 400mcg 17% (as Manganese Amino Acid Chelate)
Vitamin E 14mg (as d-alpha Tocopheryl Acetate)		Chromium 12mcg 34% (as Chromium Picolinate)
Thiamin (as Thiamin Mononitrate)	250%	Molybdenum 10mcg 22% (as Molybdenum Amino Acid Chelate)
Riboflavin 1.7mg	131%	Potassium 50mg 1%
Niacin 12.5mg	78%	(as Potassium Citrate)
Viatmin B6 12mg (as Pyridoxine HCI)	706%	Proprietary Blend 642mg **
Folate 667 mcg DFE (as 400 mcg Folic Acid)	167%	Dimethylaminoethanol Bitartrate, Green Tea Leaf Extract, L-Glutamine, L-Glutamic Acid, Bacopa Extract (Whole Plant), Inositol, Bilberry Fruit Extract, Gamma-Aminobutyric Acid (GABA), Grapefruit Seed Extract, Olive Leaf Extract, Cassia Cinnamon Bark Extract, Licorice Root Extract, Boron (as Boron Citrate), Fish Oil Powder (14% Docosahexaenoic Acid (DHA)), Vanadium (as Vanadyl Sulfate), Phosphatidylserine (from Soy Bean Extract), Huperzine A (from Huperzia Serrata Extract) (Aerial Parts)
Biotin 3mcg	10%	
Pantothenic Acid 12mg (as Calcium Pantothenate)	240%	
Choline (as Choline Bitartrate) 50mg	9%	
Calcium (as Calcium Carbonate) 20mg	2%	
(as Ferrous Fumarate) 1mg	6%	
(as Magnesium Oxide) 50mg	12%	
Zinc (as Zinc Oxide) 10mg	91%	** Daily Value (DV) not established

Manufactured Exclusively For: Nature's Craft Pomona, NY 10970 shopnaturescraft.com | 408-599-3841

Other Ingredients: Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide, Rice Flour

Allergen: Contains Soy and Fish