

SUPPLEMENTS ENGINEERED SPECIFICALLY FOR WOMEN

We have unique needs as women and require supplements designed for our special female physiology. Taking the wrong pre workout—such as those designed for men—can backfire on us, leaving us suffering from energy crashes, fatigue, and the always-dreadful mood swings. Not good!

SO WHAT'S THE SOLUTION?

Sheer Pre Workout for Women, the premium, non-habit-forming supplement created for a woman's special needs.

With 8 key ingredients, this women's formula is designed to:

- Boost Energy, Endurance, and Stamina*
- Enhance Mental Focus, Clarity, and Mood*
- Speed Up Recovery Time *

Sheer Pre Workout for Women is perfect for a woman who want to feel fantastic, perform at her peak, and get the most out of her workouts to create real results that last.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

SUGGESTED USE:

As a dietary supplement, mix 1 scoop of Pre-Workout for women with 8 ounces of water and consume 30 minutes prior to working out.

CAUTION: Do not exceed the recommended dosage. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

DISCLAIMER: This product contains 175 mg of caffeine (equivalent to about one cup of coffee). If you are sensitive to caffeine, start by taking half a scoop. Do not pair with other caffeinated products.



SHEERSTRENGTHLABS.COM

FOR HER

PRE-WORKOUT

FOR WOMEN

**SHEER
STRENGTH
LABS**

CLEAN, PURE, LASTING ENERGY ON DEMAND
CUSTOM-MADE FOR WOMEN
NON-HABIT FORMING



PIÑA COLADA
30 SERVINGS

DIETARY SUPPLEMENT
NET WT. 5.97oz (169.23g)

PRE-WORKOUT FOR WOMEN

Supplement Facts

Serving Size: 1 Scoop (5.6g)
Servings Per Container: 30

	Amount Per Serving	% DV*
Niacin (as Niacinamide)	5mg	25%
L-Arginine Alpha Ketoglutarate (AKG) 2:1	1.25 g	**
L-Citrulline DL-Malate 1:1	1.25 g	**
L-Carnitine Tartrate	500 mg	**
Taurine	500 mg	**
Velvet Bean Extract (15% L-Dopa) (Mucuna Pruriens)	350 mg	**
Caffeine Anhydrous	175 mg	**
Theobromine 99%	125 mg	**

* Percent Daily Values are based on a 2000 calorie diet

**Daily Value Not Established

Other Ingredients: Citric Acid, Natural and Artificial Flavoring, Silica, Sucralose, Acesulfame Potassium (Ace K), Calcium Silicate, FD&C Yellow #5

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Manufactured Exclusively for: Sheer Strength Labs
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