



NATURALIST™

Compare to Centrum® Adults Under 50**

Advanced SunVite®

**Supports Heart &
Immune System Health***



Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Vitamin A Acetate and 25% as Retinyl Palmitate)	1,000 IU 100%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Magnesium (as Magnesium Oxide)	50 mg 10%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%	Zinc (as Zinc Oxide)	11 mg 10%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU 100%	Selenium (as Sodium Selenate)	55 mcg 70%
Vitamin K (as Phylloquinone)	20 mcg 20%	Copper (as Cupric Sulfate)	1.3 mg 20%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%	Manganese (as Manganese Sulfate)	1.3 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%	Chromium (as Chromium Picolinate)	30 mcg 10%
Niacin (as Nicotinamide)	20 mg 100%	Molybdenum (as Sodium Molybdate)	45 mcg 90%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%	Chloride (as Potassium Chloride)	75 mg 1%
Folic Acid	400 mcg 100%	Potassium (as Potassium Chloride)	80 mg 1%
Vitamin B-12 (as Cyanocobalamin)	5 mcg 100%		
Biotin (as Biotin)	30 mcg 10%	Boron (as Boric Acid)	75 mcg ***
Para-Aminobenzoic Acid (as d-Calcium Para-Aminobenzoate)	30 mg 100%	Nickel (as Nickel Sulfate)	5 mcg ***
Calcium (as Calcium Carbonate and Calcium Phosphate)	200 mg 20%	Silicon (as Silicon Dioxide)	2 mg ***
Iron (as Ferrous Fumarate)	55 mg 100%	Te (as Selenium Chloride)	10 mcg ***
Phosphorus (as Sodium Phosphate)	30 mg 1%	Vanadium (as Sodium Metavanadate)	10 mcg ***

***Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Glycerin, Croscarmellose, Croscarmellose, FD&C Yellow #6 Lake, Hydroxypropyl, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate.

**Centrum is a registered trademark of Wyeth Holdings Corporation. This product is not manufactured, distributed or marketed by Wyeth Holdings Corporation or its affiliates.

IMPORTANT FACTS YOU SHOULD KNOW
Advanced SunVite contains many vitamins and minerals, which play a role in helping to fight cell-damaging free radicals in the body.* Additionally, Vitamin C, Vitamin E and Vitamin K all work to help support the immune system.*

WARNING: FOR ADULTS, TAKE ONE (1) TABLET ONE (1) TIME PER DAY WITH A MEAL.

Do not, without doctor's advice, take before, after, or with other drugs.

WARNING: Not intended to be used by pregnant or nursing women. If you are taking any medications, please see your doctor before use. If you are taking any medications, please see your doctor before use. Do not use if you are pregnant or nursing.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Prod. No.
45290



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ACTUAL
SIZE