

Supplement Facts

Serving Size 1 packet
Servings Per Container 30

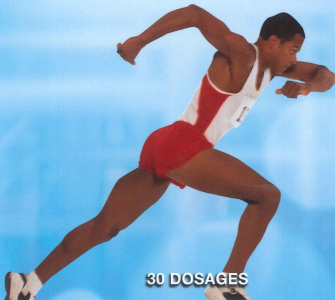
Amount Per Serving	% DV
Vitamin A 10,000 IU	200%
Vitamin C 1000 mg	1670%
Vitamin D3 400 IU	100%
Vitamin E 800 IU	2670%
Thiamin 350 mg	23330%
Riboflavin 100 mg	5880%
Niacin 100 mg	500%
Niacinamide 100 mg	500%
Vitamin B6 100 mg	5000%
Folate 200 mcg	50%
Vitamin B12 100 mcg	1670%
Biotin 100 mcg	40%
Pantothenic acid 100 mg	1000%
Calcium 625 mg	60%
Iron 22 mg	120%
Iodine 275 mcg	180%
Magnesium 310 mg	80%
Zinc 18 mg	120%
Selenium 8 mcg	10%
Copper 2.5 mg	125%
Manganese 5 mg	250%
Chromium 25 mcg	20%
Molybdenum 18 mcg	20%
Potassium 55 mg	2%
Boron 0.2 mg	*
Choline 100 mg	*
Inositol 100 mg	*
PABA 100 mg	*

*Daily Value not established.

INGREDIENTS: Ascorbic acid, di-isoheptyl acetate, choline bitartrate, calcium phosphate, calcium carbonate, calcium glycinate chelate, folic acid, magnesium oxide, magnesium glycinate chelate, thiamine mononitrate, riboflavin, niacin, niacinamide, di-calcium pantothenate, pyridoxine HCl, inositol, para-amino benzoic acid, sodium molybdate, potassium gluconate, potassium amino acid complex, biotin, leucos glycinate chelate, leucos fumarate, zinc glycinate chelate, zinc citrate chelate, palmitate, manganese glycinate chelate, copper glycinate chelate, cyanocobalamin, potassium iodide, chromium chloride, cholecalciferol, selenium amino acid complex, boron ascorbate, di-calcium phosphate, microcrystalline cellulose, magnesium carbonate, vegetable stearic acid, croscarmellose sodium, silicon dioxide, vegetable magnesium stearate, PEG, gelatin, glycerin, water.

NUTRINA® DIETARY SUPPLEMENT

Marathon FORMULA



30 DOSAGES

DIRECTIONS: Take one packet daily, with or after a meal, or as directed by your health care professional. Store container tightly closed in a cool, dry place. Keep out of children's reach. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

NOTE: Niacin can cause a hot skin flush, which disappears after some minutes.

QUALITY GUARANTEE: Certified potency and purity. Satisfaction guaranteed.

ALLERGEN STATEMENT: This product does not contain any of the major food allergens: milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts and soybeans (see www.fda.gov). Gluten free.

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