

USAGE: Take 1 SUSTAIN™ tablet 1 to 2 times per day, preferably on an empty stomach with fruit juice or as directed by your qualified health care consultant.

NOTE: Prolonged or elevated intake may alter liver function tests without affecting actual liver function. Inform your physician that you are ingesting NAC if you undergo liver function tests.

NAC SUSTAIN® is in a special SUSTAIN™ bilayer Quick Release/Sustained Release format of **N-ACETYL-L-CYSTEINE (NAC)**, a powerful antioxidant amino acid and a precursor to the critical antioxidant glutathione.* Glutathione exerts a variety of protective effects, including detoxification and intracellular defense against oxidative stress.* Substances known to reduce glutathione status are acetaminophen and alcohol.*

The advanced bilayer SUSTAIN™ tablets combine 1/3 Quick Release and 2/3 Sustained Release formats to both immediately raise and to maintain blood levels over a longer period of time.* NAC SUSTAIN® releases in the small intestine over a 4 hour period, compared to the 1.5 hour biological half-life of NAC in the bloodstream.* Protected by U.S. Patent # 6,623,754.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®

N - A - C SUSTAIN®

**PATENTED
FORMULA!**

N-Acetyl-L-Cysteine

**Bilayer Tablets
Quick + Sustained Releases**

- Antioxidant and Glutathione Precursor*
- Supports Liver and Lung Function*

**600 mg 100 SUSTAIN™ Tablets
Dietary Supplement**

Supplement Facts

Serving Size 1 Tablet	Servings Per Container 100	
	Amount Per Serving	% DV
N-Acetyl-L-Cysteine	600 mg	*

* Daily Value not established.

Other Ingredients: Polyacrylate polymer, dicalcium phosphate, cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide, beet root powder (for color) and an aqueous-based coating.

No wheat, no gluten, no soybeans,
no dairy, no egg, no fish/shellfish,
no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and Formulation™

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com

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Bilayer

**SUSTAINED
QUICK**

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