

SUGGESTED USE: As a dietary supplement, take two (2) capsules once daily, 60 to 90 minutes before bed with water, or as directed by a healthcare professional.

CAUTION: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED
OR MISSING. STORE IN A COOL, DRY PLACE.**

 No Soy, Gluten, Milk, Egg, Peanuts, Sugar, Shellfish, Binders, Artificial Ingredients, GMOs, Fillers, Color Additives, Sweeteners or Preservatives.

**MADE IN THE
USA**
WITH GLOBAL INGREDIENTS



SHEER STRENGTH[®]
LABS

GOOD NIGHT

EXTRA STRENGTH SLEEP AID

WITH 5-HTP, MAGNESIUM & MELATONIN



**SUPPORT
HEALTHY
SLEEP†**



**WAKE
RESTED &
REFRESHED†**



**SOOTHING
AND
CALMING†**

60 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin B6 (Pyridoxine HCl)	10 mg	588%
Magnesium (Magnesium Amino Acid Chelate)	45 mg	11%
L-Tryptophan	150 mg	**
5-Hydroxytryptophan (5-HTP) (from Griffonia Simplicifolia Seed Extract)	200 mg	**
L-Tyrosine	100 mg	**
Melatonin	1 mg	**
Herbal Relaxation Blend Lemon Balm Aerial Extract, Valerian Root Extract, Chamomile Herb Extract	225 mg	**

** Daily Value (DV) not established

OTHER INGREDIENTS: Vegetable Capsule (HPMC), Ascorbyl Palmitate, Organic Rice Bran Extract

Questions about our product?

We are here to help you! Email our team at help@sheerstrengthlabs.com

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