

SPRING

VALLEY®

VITAMIN #1 BRAND

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Standardized Extract St. John's Wort

300 mg per serving

MOOD HEALTH*

Herbal Supplement

100 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value
St. John's Wort Extract † 300 mg (<i>Hypericum perforatum</i>) (aerial) (Standardized to contain 0.3% Hypericin, 0.9 mg)	†

†Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Gelatin, Magnesium Silicate, Vegetable Magnesium Stearate, Silica.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Soy, No Artificial Color, No Artificial Flavor, No Sodium (less than 5 mg per serving)

St. John's Wort helps promote a positive mood and a healthy emotional balance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take two capsules three times daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid excessive exposure to sun and other sources of ultraviolet light when using this product. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN.
Store at room temperature. Keep bottle tightly closed.

FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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Questions or comments? 1-800-251-1662



✓ Produced under strict quality guidelines.
✓ Verified by an independent, ISO 9001:2000 certified laboratory.

UNCONDITIONALLY GUARANTEED BY RETURN OR REPLACEMENT

Item No. 6559
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FRESHNESS AND POTENCY GUARANTEED THROUGHOUT