

DIRECTIONS: As a dietary supplement, take 2 tablets twice daily.

GOOD BONES: Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

CAUTION: If you are pregnant or nursing, consult your physician before taking this product.

Dist. by: **Wonder Laboratories®**, 115 S.C.T. Ct.,
White House, TN 37188 **Made in USA** Rev.02DV



**Calcium Magnesium
Isoflavones**

"Calcium Builds Strong Bones"



Dietary
Supplement



Gluten Free

120 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% DV
Vitamin D-3..... 800 IU (20 mcg) ... 100% (as cholecalciferol)	
Vitamin K-2 (as Menoquinone-7 {MK-7}) 60 mcg 50%	
Calcium 780 mg 60% (as calcium citrate & carbonate)	
Magnesium 380 mg 90% (as magnesium aspartate & oxide)	
Ostivone™ 200 mg *	
(Ipriflavone)(7-Isopropoxy Isoflavone)	
Soylife® (soy isoflavone concentrate) 134 mg *	
Boron 1.5 mg *	
(as boron amino acid complex)	

* Daily Value not established.

Other ingredients: Vegetable cellulose, vegetable magnesium silicate, vegetable stearic acid, vegetable magnesium stearate, silica.
Contains soy ingredients.