

Promotes a tranquil state of mind*

Helps relax the body and mind and promotes alertness while enhancing the body's ability to adapt to stress.*

Contains ashwagandha, a traditional herb used to help the body adapt to stress.

• GLUTEN FREE

CAUTION: Not recommended for use by children. If pregnant or nursing, consult your physician prior to use.

Seal under cap for your protection.

See bottom for exp. date.



NQ114A



+Stress Relief

Stress Relief Complex*

Non-drowsy formula helps relieve tension & stress*

L-theanine, ashwagandha, beta-sitosterol & L-tyrosine

DIETARY SUPPLEMENT

30 CAPLETS



DIRECTIONS: Take 1 caplet daily.

Supplement Facts

Serving Size: 1 Caplet

	Amount Per Serving	% DV
L-Theanine	100 mg	†
Ashwagandha Root Extract (<i>Withania somnifera</i>)	100 mg	†
Beta-Sitosterol (from soybean phytosterols)	60 mg	†
L-Tyrosine	100 mg	†

†Daily Value (DV) not established.

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MAGNESIUM STEARATE, CROSCARMELOSE SODIUM.

Distributed by Shaklee Corporation
4747 Willow Road, Pleasanton, CA 94588
Product questions: 925.734.3638

No artificial flavors, sweeteners, colors, or preservatives added.



Manufactured in a facility that may also process tree nuts, milk, egg, soy, wheat, shellfish, and fish.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Item #20656