

DIRECTIONS: As a dietary supplement, take 1 tablet two times daily.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Mfg. in a Ko Kosher Certified, FDA Registered Facility, using Good Manufacturing Practices (GMPs) Meets USP <2040> disintegration for maximum bioavailability. Conforms to USP <2091> for weight. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN. CAUTION:** If you are pregnant or nursing consult your physician before taking this product. Other ingredients: Calcium carbonate, vegetable cellulose, vegetable magnesium stearate, vegetable stearic acid, silica, vanillin.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Mfg. for: **Foster Regal Laboratories** ®
115 S.C.T. Ct., White House, TN 37188
Made in USA

Rev. #02

FOSTER REGAL®

The Best Choice.®

**ANTI-STRESS
B-COMPLEX
ESSENTIALS**™

with

Valerian Root
and Passion Flower

**Nutritionally Supports Energy Metabolism
and Nervous System Health****

Gluten Free Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin C (as L-ascorbic acid)	615 mg .. 1025%
Vitamin E	30.8 IU 103%
(as d-alpha tocopheryl succinate)	
Thiamin (as thiamin hydrochloride)	15.4 mg .. 1027%
Riboflavin	15.4 mg 906%
Niacin (as niacinamide)	103 mg 515%
Vitamin B-6	5.2 mg 260%
(as pyridoxine hydrochloride)	
Folic Acid	400 mcg 100%
Vitamin B-12 (as cyanocobalamin)	12.3 mcg 205%
Biotin	46 mcg 15%
Pantothenic Acid	20.5 mg 205%
(as calcium pantothenate)	
Magnesium (as magnesium gluconate)	4 mg 1%
Valerian (root)	
Passion Flower (aerial part)	130mg *
	130mg *

* Daily Value not established.