



Another bottle kept out of the landfill



Press along perforation

Specialized Iron-Free Nutrition for Active Adults – Compatible with Many Prescription Medications

Research-Based Multivitamin Protection goes beyond minimal 100% Daily Values, delivering optimal protection for adults over 50 including a high-potency B-complex for energy, managing stress and brain health.*

1,000 IU Vitamin D₃ protects bone strength, immune function, colon and breast health.*

Lutein & Lycopene provides potent extra antioxidant protection.

Probiotics for Digestion are shelf-stable plus enzymes and whole foods for daily digestive health, regularity and immunity.

SUGGESTED USAGE: For pure and potent protection, take one tablet per day, with or between meals.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. **Contains no sugar, lactose/dairy, wheat, gluten or yeast.**

SafeGuard™ screened for common nutrient contraindications: no added iron for most men and post-menopausal women, PABA for sulfa medication, vitamin K for blood thinning medication, iodine for thyroid concerns and copper contraindicated for cancer patients and survivors. **CAUTION:** consult a health care professional prior to use if taking any medication.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS
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RAINBOW LIGHT®

Active Senior™



Food-Based Multivitamin

B-Complex for Energy & Stress

1,000 IU Vitamin D₃ & Probiotics

Gentle on the Stomach

SafeGuard™

90 Tablets

Dietary Supplement

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as 50% Beta-Carotene, 50% Palmitate) -----	5,000 IU---- 100%	Potassium (as Citrate)-	10 mg ---- <1%
Vitamin C (as Ascorbic Acid) --	120 mg---- 200%	Lemon Bioflavonoid Complex-----	25 mg----- *
Vitamin D (as D ₃ Cholecalciferol)-----	1,000 IU---- 250%	Choline (as Bitartrate)-----	30 mg----- *
Vitamin E (as d-alpha Tocopheryl Succinate) -----	100 IU---- 333%	Inositol-----	10 mg----- *
Vitamin B-1 (as Thiamin Mononitrate)-----	10 mg---- 667%	Boron (as Glycinate) ----	1 mg----- *
Riboflavin (Vitamin B-2)	10 mg---- 588%	Nourishing Vitality Blend	
Niacin (as Niacinamide)	30 mg---- 150%	4:1 Vegetable Juice Extract-----	25 mg----- *
Vitamin B-6 (as Pyridoxine) -----	15 mg---- 750%	(equivalent to 100 mg vegetable powder)	
Folic Acid -----	800 mcg-- 200%	Kale, Spinach, Dandelion Greens, Beet	
Vitamin B-12 (as Cyanocobalamin) --	200 mcg-- 3333%	Organic Spirulina -----	20 mg----- *
Biotin-----	150 mcg---- 50%	Rosemary [leaf]	
Vitamin B-5 (as Calcium Pantothenate) -----	20 mg---- 200%	Essential Oil-----	2 mg----- *
Calcium (as Carbonate)	200 mg---- 20%	Lutein (Esters) -----	1,000 mcg----- *
Magnesium (as Oxide)	100 mg---- 25%	Lycopene (from Tomato Extract) ----	500 mcg----- *
Zinc (as Citrate) -----	15 mg---- 100%	Gentle Digestive Support	
Selenium (as Amino Acid Chelate, Selenomethionine)-	200 mcg-- 286%	Protease -----	664 HUT----- *
Manganese (as Citrate)-	2 mg ---- 100%	Amylase -----	226 DU----- *
Chromium (as Amino Nicotinate) -----	200 mcg---- 167%	Lipase-----	2 LU----- *
Molybdenum (as Amino Acid Chelate) -----	100 mcg---- 133%	Cellulase -----	3 CU----- *
		Betaine HCl-----	20 mg----- *
		<i>Lactobacillus</i>	
		<i>Sporogenes</i> 25,000,000 CFU-----	*

*Daily Value (DV) not established.

Other Ingredients: natural mineral or vegetable source cellulose, stearic acid (vegetable), magnesium stearate, modified cellulose, silica.
Coating: vegetable food glaze. Contains soy lecithin in vegetable glaze.

Feel the Difference



4.0-2

EarthFirst® PLA film utilizes Ingeo™