

Lift your mood*

Provides a unique blend of herbals to provide dietary support for a positive mental outlook and sense of well-being after 4–6 weeks of use.* With Siberian ginseng and inositol to support the activity of St. John's Wort by playing an active role in the proper transmission of nerve signals.*

Four capsules supply 900 mg of standardized St. John's Wort extract (including both hypericin and hyperforin). Many people find the appropriate serving size to be half and even a quarter of this amount. This is why the directions offer a range of 1–4 capsules.

• GLUTEN FREE

CAUTION: Not recommended for children or to treat severe depression. If you are pregnant, nursing, or taking any prescription medications, consult your physician prior to use. May cause skin photosensitivity.

Seal under cap for your protection.
See bottom for exp. date.



NQ031A

 **Shaklee®**

+Mood Relief

MoodLift® Complex*

For positive mental outlook and a sense of wellness*

900 mg St. John's Wort Extract, Inositol & Proprietary MoodLift Blend*

DIETARY SUPPLEMENT | **120 CAPSULES**

DIRECTIONS: Take 1–4 capsules daily.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2 g	<1%**
Inositol	1 g	†
St. John's Wort Extract (<i>Hypericum perforatum</i>) (herb) (standardized to contain 0.3% total hypericin)	900 mg	†
MoodLift® Enhanced Proprietary Blend <i>Eleutherococcus senticosus</i> (root), Green oat extract (<i>Avena sativa</i>) (herb)	200 mg	†

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN IN A HARD GELATIN CAPSULE (GELATIN, WATER).

Distributed by Shaklee Corporation
4747 Willow Road, Pleasanton, CA 94588
Product questions: 925.734.3638

No artificial flavors, sweeteners, colors, or preservatives added. Item #20625

Manufactured in a facility that may also process tree nuts, milk, egg, soy, wheat, shellfish, and fish.
*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.