

Supports oxygen-rich blood for teens & premenopausal women*

Provides iron in a readily bio-available form with vitamin C to help increase iron absorption. Each tablet provides 100% of the Daily Value of iron. Iron functions as a structural component of hemoglobin, an essential compound that carries vital oxygen from the lungs to tissues throughout the body.*

• GLUTEN FREE

Seal under cap for your protection.
See bottom for exp. date



+I Boost

Iron Plus C Complex

Supports oxygen-rich blood*

High-potency iron with vitamin C to aid absorption

DIETARY SUPPLEMENT | 90 TABLETS



DIRECTIONS: Take 1 tablet daily.

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	60 mg	67%
Calcium (as dicalcium and tricalcium phosphate)	130 mg	10%
Iron (as ferrous fumarate)	18 mg	100%
Phosphorus (as dicalcium and tricalcium phosphate)	100 mg	8%

OTHER INGREDIENTS: MALTODEXTRIN, CROSCARMELLOSE SODIUM, BEET POWDER, ACACIA GUM, SPINACH POWDER.

Distributed by Shaklee Corporation
4747 Willow Road, Pleasanton, CA 94588
Product questions: 925.734.3638

Manufactured in a facility that may also process tree nuts, milk, egg, soy, wheat, shellfish, and fish.

No artificial flavors, sweeteners, or preservatives added.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Item #20491