



ASHWAGANDHA ROOT

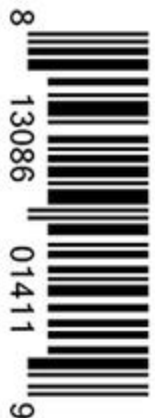
*Withania
somnia*

HAND-MADE EXTRACT

4 fl. oz.
(120 mL)

HERBAL DIETARY
SUPPLEMENT

96
SERVINGS



• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: Adults: 1/4 tsp. Take 1-3 times daily, or as needed. **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
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888.528.8615 | www.mmherbs.com



Enjoy a variety of health
benefits*

- Cortisol and adrenal gland support*
- Mood and mind support*
- Maintain healthy joints*



1 dropperful = approx. 1/8 tsp.

Supplement Facts

Serving Size: 1/4 tsp
Servings Per Container: 96

Per Serving %DV

Ashwagandha root extract 1.25 ml †
(1:2) in vegetable glycerin, distilled water, and approx. 5% - 10% organic grain alcohol.

† Daily Value (DV) not established

Not for use while pregnant or while taking barbiturates without supervision from your healthcare provider.