

Gelatin-Free • Made with Pectin • No Artificial Colors

Supplement Facts

Serving Size 2 Gummies
Servings per Container 25

Amount per Serving	% DV
Calories 25	
Total Carbohydrate 8 g	2%
Total Sugars 4 g	**
Includes 4 g Added Sugars	8%
Vitamin C (ascorbic acid) 50 mg	56%
Zinc (as zinc citrate) 7.5 mg	68%
Sodium 15 mg	<1%

Amount per Serving	% DV
L-Theanine (Suntheanine®) 100 mg	**
Black Elder (Sambucus nigra L.) Extract (berry) standardized to BioActives® from 3.2 g of premium cultivar elderberries 50 mg	**
Lemon Balm (leaf) Extract 10 mg	**
Passionflower (leaf, flower) Extract 10 mg	**
Melatonin 3 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: organic cane sugar, organic tapioca syrup, purified water, pectin, natural flavors, citric acid, sodium citrate, coconut oil, carnauba wax. **Keep out of reach of children.** Do not use if safety seal under child-resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight.

Suntheanine®, a patented form of L-Theanine, is a registered trademark of Taiyo International, Inc.

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Questions? 1-800-9NATURE / natureways.com

- Traditional herbal blend containing elderberry, lemon balm, and passionflower extracts
- Melatonin for occasional sleeplessness*
- Excellent source of Vitamin C and Zinc to support healthy immune function*
- Black elderberry extract standardized to BioActives® (flavonoids)
- Great tasting

RECOMMENDATION: Adults chew 2 gummies 30-60 minutes before bed. Do not exceed recommended dose. Not intended for use in children.

WARNING: Do not use this product if you are under 18 years of age, pregnant, attempting to become pregnant, nursing, taking any medications, being treated for depression, diabetes, seizures, blood clotting disorders, or disorders of the immune or endocrine systems, unless advised by a healthcare professional. Avoid taking with alcohol or products that increase drowsiness. Do not take melatonin while operating a motor vehicle or machinery. Intended for occasional use only.

GLUTEN FREE. No gelatin, yeast-derived ingredients, wheat, soy, dairy, eggs, or peanuts. No artificial colors.



THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



sambucus™

STANDARDIZED ELDERBERRY

SLEEP + IMMUNE[®]



NEW

GUMMIES

WITH MELATONIN & L-THEANINE

GLUTEN-FREE | GELATIN-FREE

DIETARY SUPPLEMENT **50 GUMMIES**