



MULTI-VITA-MIN

with **Beta Carotene** •
Lutein • **Lycopene**

Compare to **Centrum®** with Lutein & Lycopene†
Peach Coating Removed / New Natural Clear Coating



Non-GMO



Gluten Free

DIETARY SUPPLEMENT

30 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (71% as acetate & 29% as beta carotene)	3500 IU 70%	Zinc (as zinc oxide).....	15 mg 100%
Vitamin C (as L-ascorbic acid).....	60 mg 100%	Selenium (as sodium selenate).....	20 mcg 29%
Vitamin D (as cholecalciferol).....	400 IU 100%	Copper (as cupric oxide).....	2 mg 100%
Vitamin E (as d-alpha tocopheryl succinate).....	30 IU 100%	Manganese (as manganese sulfate).....	2 mg 100%
Vitamin K (as phytonadione).....	25 mcg 31%	Chromium (as chromium chloride).....	120 mcg 100%
Thiamin (as thiamin mononitrate).....	1.5 mg 100%	Molybdenum (as sodium molybdate).....	75 mcg 100%
Riboflavin.....	1.7 mg 100%	Chloride (as potassium chloride).....	72 mg 2%
Niacin (as niacinamide).....	20 mg 100%	Potassium (as potassium chloride).....	80 mg 2%
Vitamin B-6 (as pyridoxine HCl).....	2 mg 100%	Boron (as sodium borate).....	150 mcg **
Folic Acid.....	400 mcg 100%	Nickel (as nickel sulfate).....	5 mcg **
Vitamin B-12 (as cyanocobalamin).....	6 mcg 100%	Silica (as silicon dioxide).....	2 mg **
Biotin.....	30 mcg 10%	Tin (as tin chloride).....	10 mcg **
Pantothenic Acid (as calcium pantothenate).....	10 mg 100%	Vanadium (as sodium metavanadate).....	10 mcg **
Calcium (as calcium phosphate).....	162 mg 16%	Lutein.....	250 mcg **
Iron (as ferrous fumarate).....	18 mg 100%	Lycopene.....	300 mcg **
Phosphorus (as calcium phosphate).....	109 mg 11%		
Iodine (as potassium iodide).....	150 mcg 100%		
Magnesium (as magnesium oxide).....	100 mg 25%		

**Daily Value not established

Other ingredients: Veg cellulose, veg stearic acid, veg magnesium stearate. Contains Soy.

MANUF. EXCL. FOR:
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Directions: As a dietary supplement, take 1 tablet daily.

Tamper Evident: Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15°-30°C). **WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

†Multi-Vita-Min tablets are not manufactured or distributed by Wyeth Consumer Healthcare, owner of the registered trademark Centrum®.

Rev. #00