

TAMPER RESISTANT - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Take one softgel capsule with each meal.

Supplement Facts

Serving Size 1 Capsule

Amount per capsule		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin E (d-alpha tocopherol) (added as an antioxidant)	1 IU	3%
EPA (eicosapentaenoic acid)	300 mg	**
DHA (docosahexaenoic acid)	200 mg	
Total Omega-3 fatty acids	500 mg	

Percent Daily Values are based on a 2,000 calorie diet.

" Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water, partially hydrogenated vegetable oil and mixed tocopherols. Contains soy, fish-sardine, anchovy.



Free of starch, sugar, sodium, gluten, preservatives, yeast, milk products, artificial colors-flavors.

To preserve quality and freshness, keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN

Control No.:

Exp. Date:

Questions or comments? Call 1-800-645-2158, weekdays 9 am–5 pm ET www.rugbylaboratories.com

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